

THE 32ND ANNUAL

AGING

with Developmental
Disabilities Conference



May 15-16, 2023
St. Charles Convention Center
www.agingwithdd.org
Phone: 314-647-8100

In-Person Registrations will be limited to
ensure adequate physical distancing.
Virtual Registrations are unlimited.



4 PLENARY PRESENTERS 3 CE OPTIONS 2 DAYS 1 GOAL

DEVELOPING THE BEST SUPPORT PRACTICES FOR AGING WITH DEVELOPMENTAL DISABILITIES.



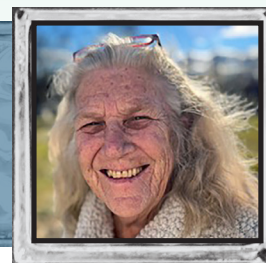
DR. CRAIG ESCUDÉ



DR. MAX ZUBATSKY



DR. BEAU ANCES



SHARON DEBOEVER

The 32nd Annual Aging with Developmental Disabilities Conference is presented by:



ASSOCIATION ON AGING WITH
DEVELOPMENTAL DISABILITIES

IDDRC

Washington University in St. Louis

Intellectual and Developmental
Disabilities Research Center

Washington University School of Medicine in St. Louis



SAINT LOUIS UNIVERSITY

TRUDY BUSCH VALENTINE
SCHOOL OF NURSING

The 32nd Annual **AGING** with Developmental Disabilities Conference May 15-16, 2023



Conference Location

St. Charles Convention Center
#1 Convention Center Plaza, St. Charles, Missouri 63303

For More Information

Contact AADD at (314) 647-8100
aaddconference@agingwithdd.com

Monday, May 15

8:30 Registration/Exhibitors

9:30 MORNING PLENARY ADDRESS: THE FATAL FIVE PLUS



Dr. Craig Escudé

CRAIG ESCUDÉ, MD, FAAFP, FAADM, PRESIDENT, INTELLECTABILITY

There are a handful of conditions considered to be the top preventable causes of illness and death in people with IDD: Aspiration, Constipation, Dehydration, Seizures, Sepsis, and Gastroesophageal Reflux. This presentation will highlight the common signs, symptoms, and principles of prevention to help all levels of supporters reduce the occurrence of them, know what to do when they see early signs, and improve health and wellness for people they support.

10:30 Break/Visit our Exhibitors

10:45 Breakout Session I

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
WHAT YOU NEED TO KNOW ABOUT ORAL HEALTH IN AN AGING IDD POPULATION Kaylee Graham, RN, Account Executive, Enable Dental Older adults with IDD are particularly vulnerable to poor health outcomes, face greater barriers in finding a dentist, funding, and transportation services. Attend this session to learn about the value of dental integration into care models for the aging IDD population.	WHEN WORDS ARE NOT ENOUGH: ADDRESSING LIFE-LIMITING ILLNESS IN THE ADULT IDD POPULATION Mary E. Fox, MD, ABFM, Chief Medical Officer, Visiting Nurse Association of Greater St. Louis Participants will learn about palliative care and its potential benefits as well as when to consider it for the aging adult IDD population.	THE OVERLOOKED LONG-TERM EFFECTS OF COMMONLY PRESCRIBED MEDICATIONS Craig M. Sever, BS, RPh, Clinical Director, Everspring Pharmacy This session will look at commonly used medications in the DD and elderly population, associated long-term side effects, and how aging affects the way medicine acts within the body.	ROCK STEADY BOXING Dustin Heiser, Wellness Center Manager, Senior Services Plus Learn how Rock Steady Boxing, a non-contact fitness program that has been proven effective in treating Parkinson's disease, could also be effective in improving endurance, hand-eye coordination, and overall strength in individuals aging with a developmental disability.

We gratefully acknowledge our sponsors:



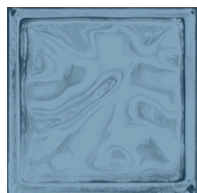
GATEWAY GERIATRIC
EDUCATION CENTER



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Intellectual and Developmental
Disabilities Research Center

Washington University School of Medicine in St. Louis



The 32nd Annual **AGING** with Developmental Disabilities Conference



Monday, May 15 (continued)

11:45 Lunch

1:00 Breakout Session II

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
INTEGRATED PEST MANAGEMENT FOR STRUCTURAL PESTS Michael Daniels, Life Scientist, United States Environmental Protection Agency This session will cover how to prevent and treat structural pests through an Integrated Pest Management (IPM) approach.	OPTIMIZING MENTAL HEALTH CARE IN AGING INDIVIDUALS WITH INTELLECTUAL DISABILITY Angeline Stanislaus, MD, Chief Medical Director, Missouri Department of Mental Health This session will review clinical presentations of the various mental disorders in individuals with ID and how to optimize treatment for individuals with ID and mental illness, including dementia-related psychiatric issues.	THE HEALTH RISK SCREENING TOOL (HRST) IN MISSOURI Craig Escude, MD, FAAFP, FAADM, President, IntellectAbility; Kim Stock, RN, Quality Enhancement, MO Department of Mental Health; Dina Puzzurro-Smith, RN, Director of Client Services, IntellectAbility The HRST screens for health risks that are often missed in people with IDD. The MO Department of Mental Health is rolling out the HRST to improve health and wellness in people with IDD. This discussion will center around the current rollout process to answer questions and help ensure successful implementation.	NATIONAL COUNCIL ON DISABILITIES' HEALTH EQUITY FRAMEWORK Amged M. Soliman, Esq., Senior Attorney Advisor, National Council on Disability This session will provide recommendations from NCD's Health Equity Framework to address systemic barriers that have contributed to health disparities and help achieve health equity for people with disabilities, including those aging with developmental disabilities.

2:00 Break/Visit our Exhibitors

2:15 Breakout Session III

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
SEXUALITY, GUARDIANSHIP, AND DIGNITY OF RISK Sean Murphy, MBA, DHSc Student, A.T. Still University; Caitlin Bartley, MSW, PhD Student, MU School of Social Work This session will cover the need for sexual education for individuals diagnosed with a developmental disability, the need to address guardianship issues, and the influence of Dignity of Risk.	IMPACT OF TELEHEALTH FOR INDIVIDUALS WITH IDD Maulik Trivedi, MD, FACEP, Co-Founder and Chief Strategy Officer, StationMD Imagine accessing a doctor who understands the unique, complex needs of the IDD population from your home. Learn how telehealth solutions create healthcare access, improve outcomes, reduce stress, and lower costs in 18 states and counting.	LONG COVID'S EFFECTS ON PEOPLE WITH IDD Angeline Stanislaus, MD, Chief Medical Director, Missouri Department of Mental Health This session will discuss the general characteristics of long COVID and the effects on the human body as well as the prevalence of long COVID in people who are aging with IDD.	MEDICAL USE OF CANNABIS IN PAIN MANAGEMENT Naomi Bailey, PharmD, PGY-2 Pain and Palliative Care Pharmacy Resident, VA St. Louis Health Care System This session will discuss the current data surrounding the use of medical marijuana in the management of pain. Specific topics addressed include mechanism of action of cannabis and overview of the endocannabinoid system, review of data on the use of medical cannabis, and summary of legislation on cannabis use.

3:15 Break/Visit Exhibitors

3:30 AFTERNOON PLENARY ADDRESS: SUPPORTING AN AGING PERSON WITH DD WHO HOARDS

MAX ZUBATSKY, PhD, LMFT, ASSOCIATE PROFESSOR AND PROGRAM DIRECTOR, SAINT LOUIS UNIVERSITY

Hoarding continues to remain a critical public health concern in America. This session will cover the psychology behind hoarding as well as support interventions to address hoarding and cluttering issues, including in-home visits and safety days for those with whom you work.

4:30 Conference concludes for the day



Dr. Max Zubatsky



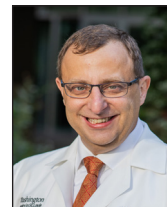


8:00 Registration*/Exhibitors (*Check in at Registration Desk only if you did not attend Monday)

8:30 MORNING PLENARY: THE ROLE OF ALZHEIMER DISEASE IN ADULTS WITH DOWN SYNDROME

BEAU ANCES, MD, PhD, DANIEL J. BRENNEN PROFESSOR OF NEUROLOGY, VICE CHAIR OF ACADEMIC AFFAIRS FOR THE DEPARTMENT OF NEUROLOGY AT WASHINGTON UNIVERSITY

This session will highlight the increased prevalence of Alzheimer disease (AD) in adults with Down Syndrome (DS). Learn about the hallmarks of AD, biomarkers that have been developed to stratify patients, and new therapies that are being developed for AD in adults with DS.



Dr. Beau Ances

9:30 Break/Visit our Exhibitors

9:45 Breakout Session I

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
HOW TO STOP FALLS FROM KEEPING YOU DOWN Jane Bufo, OTD, OTR/L, Founder, Your Supportive Place Learn about the importance of fall prevention, statistics, risk factors, and potential negative outcomes. This session will focus on prevention strategies and creating a safety plan including online fall prevention tools.	HEALTHY GUARDIANSHIP Martha C. Brown, JD, CELA, Managing Director, Midwest Trust Co. Explore legal and practical approaches to disputes between guardians and their protectees since the inception of Missouri Guardianship Code revisions. Mediation as a source for resolution of guardian/protectee disputes will also be reviewed.	AGING WITH EPILEPSY AND NEURODEVELOPMENTAL DISABILITIES Fabio Nascimento MD, Assistant Professor of Neurology, Washington University People with epilepsy and NDD have special needs which should be recognized and managed appropriately to ensure these patients receive optimal care.	COMMUNICATION TIPS AND EDSD SCREENING TOOL Sharon DeBoever, MEd, Regional Trainer, National Task Group on Intellectual Disabilities and Dementia Practices Introducing the "45 second, 90 second rules." as well as the NTG-Early Detection Screen for Dementia, an easy-to-use tool for early detection screening for adults with IDD showing early signs of a dementia.

10:45 Break/Visit our Exhibitors

11:00 Breakout Session II

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
STIMULATING COGNITION AND BEYOND Emily Eckhardt, MA, CCC-SLP, CDP, Program Implementation Specialist, EmpowerMe Wellness, and Taylor Dittmann, PT, DPT, GCS Clinical Consultant, EmpowerMe Wellness This hands-on session will cover techniques to stimulate and maintain cognition as well as explain why these techniques work.	BECOMING AN ALLY: SUPPORTING TRANSGENDER OLDER ADULTS Sherrill Wayland, MSW, Director of Special Initiatives, SAGE Introducing the new toolkit, <i>How to Be An Ally to Transgender Older Adults</i> . Strengthen knowledge and flex the ally-ship muscle supporting transgender community members living with IDD.	CONTROLLING TOOTH DECAY IN VULNERABLE POPULATIONS Jeremy Horst, DDS, PhD, Director of Clinical Innovation, CareQuest Innovation Partners Learn about innovative professional and home-based oral health interventions and diagnostics to prevent tooth decay.	SOCIAL CHANGE THROUGH SYSTEMS ADVOCACY Nicole Lynch, MSW, Policy and Advocacy Director, VOYCE and Jamie Opsal, MSG, Executive Director, St. Louis City Senior Fund This session will touch on the main principles of successful advocacy strategies at an individual, local, and state level. Participants will learn why it is important to advocate and how to do so effectively.

12:00 Lunch and Award Presentations

1:15 Breakout Session III

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
CARE FOR THE CAREGIVER - MANAGING STRESS Margaret Terranova, RN, Staff Development Coordinator, ProMedica Hospice Anyone experiencing stress? Let's talk about WHAT. What's making me stressed out? What's the big deal about being stressed out? And what can I do about it?	PRACTICES IMPACTING AGING INDIVIDUALS WITH IDD IN CORRECTIONAL SETTINGS Jeanette Simmons, PsyD, Deputy Division Director, Sharon Robbins, Annual Evaluator, and Brittany Howard, RN, Quality Enhancement RN, and Missouri Department of Mental Health People with IDD are especially vulnerable within the criminal justice system. This session will discuss current practices and challenges and the need for advocacy.	SLEEP ISSUES AND AGING WITH DD Amy Licis, MD, MSCI, Associate Professor, Department of Neurology, Washington University School of Medicine Learn about the implications of sleep in health, functioning, and aging as well as the pathophysiology, treatments, and need for further research on sleep disorders in individuals aging with DD.	AGING WITH CEREBRAL PALSY Alejandra Camacho-Soto, MD, Washington University School of Medicine; & Dena Priluck, PT, DPT, NCS, Physical Therapist/Clinic Associate, Washington University Program in Physical Therapy This session will review how to manage and treat various conditions associated with cerebral palsy and how medical conditions associated with aging manifest in cerebral palsy.

2:15 Break/Visit our Exhibitors

2:30 AFTERNOON PLENARY: ACKNOWLEDGING THE PERSON WITHIN

SHARON DEBOEVER, MEd, REGIONAL TRAINER, NATIONAL TASK GROUP ON INTELLECTUAL DISABILITIES AND DEMENTIA PRACTICES

"Why is it that once I got this diagnosis called dementia people treated me differently?" This age-old question applies to all disabilities. Person-first is more than just a catch phrase for the language we use. Together we can put it into our actions as well.



Sharon DeBoever

3:30 Conference concludes. Submit survey and continuing education paperwork.



32nd Annual AADD Conference Registration Form

PAYING BY CREDIT CARD? 4% Transaction fee will apply.

Click here or scan the QR code to REGISTER ONLINE.

Scan this
QR Code
to register
online.



By submitting your registration, you acknowledge and agree to abide by the refund policy and safety requirements written below.

Name _____ Job Title _____

Organization _____

Home or Business Address _____

Email _____ Telephone _____

By April 12, 2023 submit any special needs or accommodation requests (including dietary) by listing here:

Registration Fee ☐ IN PERSON ATTENDANCE ☐ VIRTUAL ATTENDANCE

- ☐ \$255 Conference Fee (early registration)
- ☐ \$245 Conference Fee per person for organizations sending 5 or more participants (early registration)
- ☐ \$280 Conference Fee for registrations received after April 12, 2023
- ☐ \$270 Conference Fee per person for organizations sending 5 or more registrations received after April 12, 2023
- ☐ \$ 50 Up to 10 continuing education hours for the following professions: LCPC, LCP, LCSW, LNHA, LOT, LOTA, LPTA, LPC, LSW, RN, LPN, APN

Please check the sessions you plan to attend and circle the breakouts of your choice.

Day One: Monday, May 15th

- ☐ Breakout Session I: Direct Care | Medical | Professional | Potpourri
- ☐ Lunch
- ☐ Breakout Session II: Direct Care | Medical | Professional | Potpourri
- ☐ Breakout Session III: Direct Care | Medical | Professional | Potpourri

Plenary sessions are included.

Day Two: Tuesday, May 16th

- ☐ Breakout Session I: Direct Care | Medical | Professional | Potpourri
- ☐ Lunch/Awards Ceremony
- ☐ Breakout Session II: Direct Care | Medical | Professional | Potpourri
- ☐ Breakout Session III: Direct Care | Medical | Professional | Potpourri

Plenary sessions are included.

No refunds or changes from virtual to in-person attendance after April 12, 2023.

By registering for this conference, you consent to the use of your name, picture, likeness, film clip, voice recording, and other media-based material to develop marketing materials to be used by AADD and you grant permission for AADD to share your name and contact information with other conference attendees and vendors unless written revocation of your consent is received by AADD prior to May 10, 2023.

Amount Enclosed \$ _____ Purchase Order # _____

Mail checks to AADD, 2385 Hampton Avenue, Suite 110, St. Louis, MO 63139.

Continuing Education Hours (pending approval)

For more information regarding contact hours, please call 314-647-8100. Attendees will receive a certificate of attendance upon request. Applications for CEU Contact Hours will be submitted for approval to the following:

- Saint Louis University Trudy Busch Valentine School of Nursing, an approved provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. *Midwest MSD Provider Approval #MO224-3.*
- Missouri Division of Professional Registration Committee for Social Workers, PO Box 1335, Jefferson City, MO 65102 or email lcs@pr.mo.gov.
- Illinois Department of Human Services (LCPC, LCP, LCSW, LNHA, LOT, LOTA, LPT, LPTA, LPC, LSW, RN, LPN, APN)

This conference will qualify for continuing education hours as required by many national, state, and local licensing boards and professional organizations. Save your course outline, certificate of completion, and contact your specific organization for filing requirements. Please bring your license/certification number to the conference. In the event of late arrival or early departure, amended certificates indicating the actual number of credit hours earned will be provided. For those attending remotely, CE hours of attendance are tracked by the Whova Conference app. This conference contains intermediate level content.

Discounted hotel accommodations are available at the Embassy Suites by Hilton St. Louis St. Charles until 4/12/23 (attached to the St. Charles Convention Center) by calling 800-EMBASSY.

Visit www.discoverstcharles.com for additional accommodations and area attractions.

For the safety of all at our conference, attendees are strongly encouraged to be fully vaccinated for COVID-19. In the event of fever or other signs of illness, attendee will be allowed to participate only remotely. Face coverings and physical distancing will be encouraged. Following all other CDC and local guidelines will be required. Refunds will be offered only until April 12, 2023, even if one cannot attend due to COVID-19 symptoms. No refunds will be offered due to technical issues, as all sessions will be recorded and posted in the Whova application for viewing up to 14 days after the conference. AADD reserves the right to offer the conference only by videoconference if circumstances warrant. In addition to standard practices, the St. Charles Convention Center utilizes, throughout its facility, an ionization system that neutralizes bacteria and viruses (including COVID-19). To further ensure safety, an additional UV lighting system has been installed into the air handlers.

Questions?

Call (314) 647-8100

Email aaddconference@agingwithdd.com
or visit www.agingwithdd.org