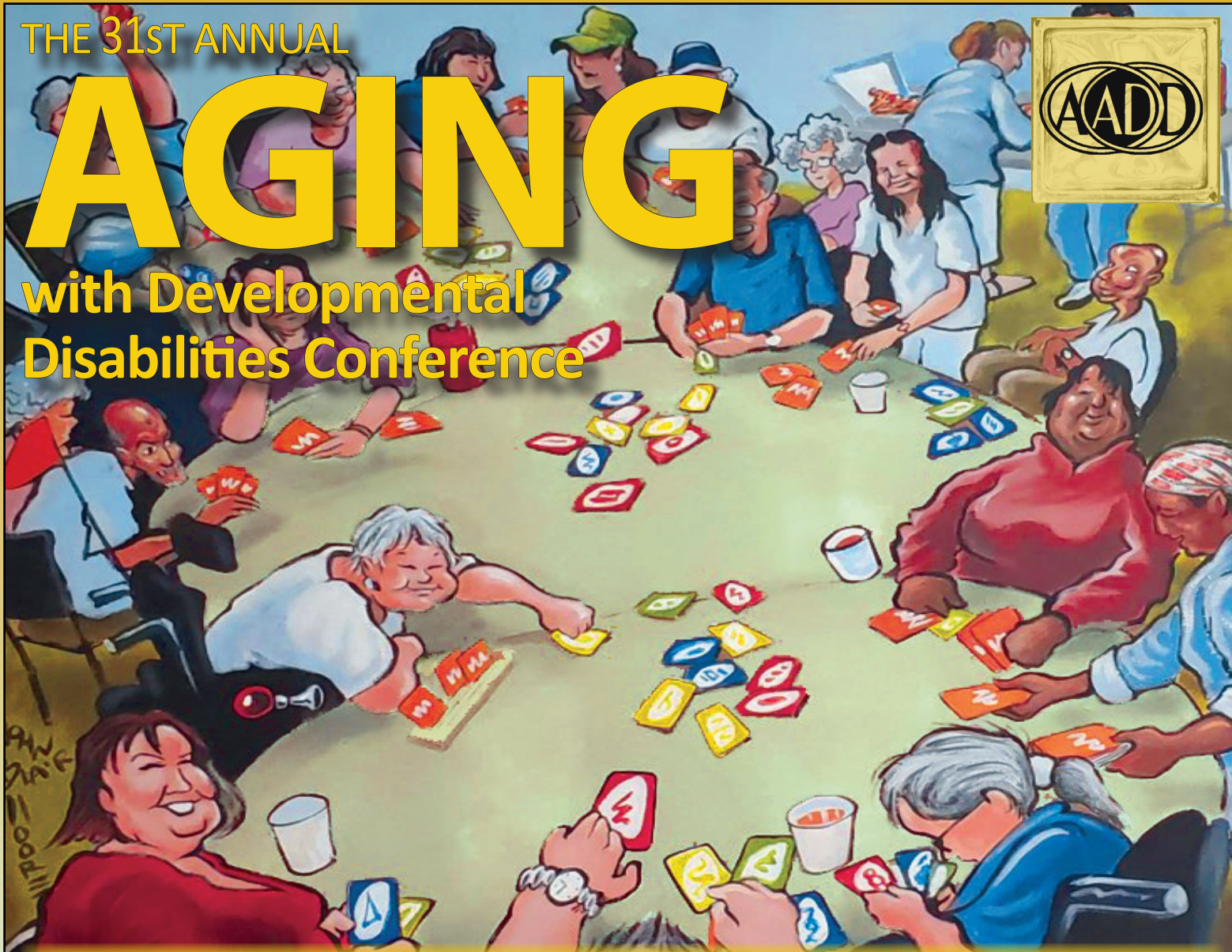


THE 31ST ANNUAL

# AGING

with Developmental  
Disabilities Conference



May 23-24, 2022 St. Charles Convention Center [www.agingwithdd.org](http://www.agingwithdd.org)

5 PLENARY PRESENTERS. 4 TRACKS. 3 CE OPTIONS. 2 DAYS. 1 GOAL:

**DEVELOPING THE BEST SUPPORT PRACTICES FOR AGING WITH DEVELOPMENTAL DISABILITIES.**



JESSICA BAX



DR. JOHN CONSTANTINO



DR. JEREMY PARR



DR. CRAIG ESCUDÉ



DISHON KNOX

SAINT LOUIS UNIVERSITY  
TRUDY BUSCH VALENTINE  
SCHOOL OF NURSING

**The 31st Annual Aging with Developmental Disabilities Conference is presented by:**



ASSOCIATION ON AGING WITH  
DEVELOPMENTAL DISABILITIES



Washington University in St. Louis  
SCHOOL OF MEDICINE



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Intellectual and Developmental Disabilities Research Center

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May 23, 2022

Dear Conference Participant,

**Welcome to the 31<sup>st</sup> Annual Conference on Aging with Developmental Disabilities!**

We hope that you find these two days to be educational, thought provoking and enjoyable. We also hope that you will take what you learned and what was reinforced and continue to provide the best supports and services to our aging population. We believe that everyone here has that very goal. Whether you are joining us in-person or virtually, **we are glad that you are here!**

As you attend different sessions, listen to different speakers, and network, we ask that you keep in mind that the knowledge that you acquire comes from professionals of different disciplines. You are in the company of doctors, nurses, administrators, nurse aides, habilitation specialists, DSPs, QDDPs, family members, self-advocates, service coordinators, case managers, social workers and a host of other people who care and worry about people with developmental disabilities who are aging. With that said, you may notice that language, philosophy and practices differ from state to state, one profession to another, as well as person to person. For example, many of us are quite familiar with, and committed to "people first" language, which is commonly preferred in the field of developmental disabilities, but there are also advocates for "identity first" language. Please take the opportunity to listen to the message, even when the terminology may differ from yours, and use what you learn for the betterment of the people we all support.

**Thank you for your continued support of older individuals with developmental disabilities!**

Sincerely,

***The 31<sup>st</sup> Annual Aging with Developmental Disabilities Conference Committee***

Edward Ansello, Virginia Geriatric Education Center

Kelli Barton\*, UMKC Institute for Human Development

Jill Cigliana\*, Memory Care Home Solutions

Michelle Darden, Association on Aging with DD

Katherine Farache, Association on Aging with DD

Dishon Knox, MO Department of Mental Health

Mele Manning, EverSpring Pharmacy

Jan McGillick, Retired Geriatric Social Worker

Terry Reiser, Humana

Nancy Shrewsbury, St. Louis Arc

Sheila Wunning, MO Department of Mental Health and  
31<sup>st</sup> Annual Aging with DD Conference Chairperson

Valerie Baker\*, Planify Group

Britney Burkhart, Anthem BlueCross BlueShield

Anita Contreras\*, Warren County DD Board

Leslie DeGroat, MO Department of Mental Health

Catherine Goebel\*, Retired Professional Guardian

Denise Limback, MO Department of Mental Health

Molly Mattingly, Easter Seals Midwest

Pamela Merkle, Association on Aging with DD

Craig Sever\*, EverSpring Pharmacy

Emma Swinford, UMKC Institute for Human Development

Buz Zeman\*, Housing Options Provided for the Elderly  
and President of the AADD Board of Directors

*\*AADD Board Member*

The Conference Planning Committee has selected speakers who are experts in their field. Speakers are solely responsible for the content of their presentation.



# St. Charles Convention Center Map

## Upper Level



**For lunch, take the escalator or elevator downstairs to the North Exhibit Hall in the Lower Level**

For the safety of all at our conference, attendees are strongly encouraged to wear face coverings except when eating or drinking. Physical distancing is strongly encouraged. In the event of fever or other signs of illness, please access sessions remotely through the Whova App. The 31st Annual Aging with Developmental Disabilities Conference Committee thanks you for your cooperation.

# The 31st Annual **AGING** with Developmental Disabilities Conference May 23-24, 2022



**St. Charles Convention Center**

#1 Convention Center Plaza, St. Charles, Missouri 63303

**Monday, May 23**

**8:30 Registration/Exhibitors**

**9:15 Welcome**

**9:30 Morning Plenary Session: AT THE INTERSECTION OF AGING AND DEVELOPMENTAL DISABILITIES**

GRAND  
BALLROOM  
GRAND



Jessica Bax

**JESSICA BAX, MA, DIRECTOR, DIVISION OF DEVELOPMENTAL DISABILITIES, MISSOURI DEPARTMENT OF MENTAL HEALTH**

The constant change in the world requires a response. We can choose to plan carefully or we can simply wait for the change to happen to us. It is our role as leaders and advocates for people with I/DD to ensure the system is prepared for change. One of the major changes facing those we serve is a wonderful thing - increased life expectancy, now similar to that of the general population. The number of adults with I/DD age 60 and older is projected to nearly double by 2030 to 1.2 million. As the former State Unit on Aging Director and the current Director, Division of Developmental Disabilities, I feel Missouri is uniquely poised to move forward with the knowledge, partnerships, and collaboration needed to be prepared for this change and to have a best in class system. Join me to envision our roadmap to success.

**10:30 Break/Visit our Exhibitors**

**10:45 Breakout Session I**

D3  
BALLROOM  
D3

## DIRECT CARE TRACK

### RECOGNIZING AND RESPONDING TO DISASTER FATIGUE

Rachel Jones, LPC, Manager, Trauma Informed Care, Director, Disaster Response State Grant, Missouri Department of Mental Health, and Beckie Gierer, MS, Deputy Director, Office of Disaster Services and DMH Continuity Director, Missouri Department of Mental Health

After a disaster, such as a hurricane or pandemic, comes disaster fatigue. This session will focus on recognizing and responding to the natural cycle of fatigue that occurs following a disaster. Responses and resources for both individuals and staff will be discussed.

GRAND  
BALLROOM  
GRAND

## PROFESSIONAL TRACK

### A DIFFICULT CONVERSATION

Margaret Terranova, RN, Staff Development Coordinator, Heartland Hospice

Why is it so challenging to talk about death? It is as natural as birth, yet the subject produces dread, fear, or anxiety. Let's consider together why it is one of the most important conversations we can have with people we care about, as well as with those we care for.

D2  
BALLROOM  
D2

## MEDICAL TRACK

### COGNITIVE AND EMOTIONAL CHANGES AFTER A TRAUMATIC BRAIN INJURY

Justine Ashokar, PhD, Director of Clinical Services, The Brain Injury Rehabilitation Center

This presentation will provide an awareness and understanding of the changes in cognition and emotion after a traumatic brain injury. We will discuss strategies to manage and adjust to those changes.

C  
BALLROOM  
C

## POTPOURRI TRACK

Pat Charlesworth, Co-Chair, Foundation for People with Learning Disabilities (FPLD) Advisory Group, and Christine Koulla-Burke, BA, MS, Director, FPLD, London South Bank University

Individuals with disabilities are living with their family members, and both are aging. What are the impacts on both the aging parent and the person with disabilities and how do we address them?

**We gratefully acknowledge our sponsors:**

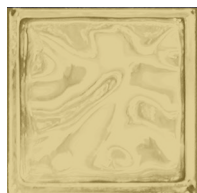


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**Intellectual and Developmental Disabilities Research Center**





# The 31st Annual AGING

with Developmental Disabilities Conference



## Monday, May 23 (continued)

11:45 Lunch and Awards Presentation (Lower level)

NORTH  
EXHIBIT  
HALL

1:00 Breakout Session II

D3 BALLROOM D3	GRAND BALLROOM GRAND	C BALLROOM C	D2 BALLROOM D2
<b>DIRECT CARE TRACK</b> <b>STATION MD: BRINGING BETTER QUALITY MEDICAL CARE VIA TELEMEDICINE</b> Maulik M. Trivedi, MD, FACEP, Chief Strategy Officer, Station MD Those with IDD face many hurdles when attempting to obtain quality medical care. Learn how a specialized telemedicine solution is utilized to improve access to superior and specialized care, improve care integration, bring quality care to individuals aging with IDD, and foster independence and community living.	<b>PROFESSIONAL TRACK</b> <b>BEHAVIORS &amp; COMMUNICATION IN DEMENTIA CARE</b> Becky Fierberg, MSW, LCSW, Clinical Research Specialist, Knight Alzheimer's Disease Research Center Warning signs of dementia can look different in those with developmental disabilities. Learn about behaviors and communication and how we can translate these clues into effective and empowering care, as well as triggers, creative solutions, and ways to use both body and verbal language to connect with someone with cognitive impairments.	<b>MEDICAL TRACK</b> <b>PRACTICAL APPLICATIONS OF GENETIC TESTING</b> Craig Sever, RPh, Clinical Coordinator, Everspring Pharmacy Learn what pharmacogenetics testing is and discover its applications in prescribing medications and their effectiveness when treating various physical conditions.	<b>POTPOURRI TRACK</b> <b>REDUCING SOCIAL ISOLATION ONE FURRY-FRIEND AT A TIME</b> Kelli Barton, PhD, Director, Health & Aging, University of Missouri-Kansas City, and David Baker, Director, Missouri Assistive Technology This session will discuss the effect of robotic pet ownership on loneliness and psychological distress among over 200 Missourians served through local Area Agencies on Aging (AAAs) and Independent Living Centers (CILs).

2:00 Break/Visit our Exhibitors

2:15 Breakout Session III

D2 BALLROOM D2	D3 BALLROOM D3	GRAND BALLROOM GRAND	C BALLROOM C
<b>DIRECT CARE TRACK</b> <b>DEMENTIA CAREGIVING TOOLBOX</b> Jan Fabick, MSW, LCSW, Clinic Manager, Memory Care Home Solutions, and Kari Burch, OTD, OTR/L, Occupational Therapist Participants will be able to identify signs of cognitive changes or dementia in persons with IDD. The session will include techniques for self-care, environmental modifications, and assistive technologies to improve function and reduce stress for care partners.	<b>PROFESSIONAL TRACK</b> <b>REPRESENTATIVE PAYEE BEST PRACTICES, PITFALLS, SOLUTIONS, FEES, &amp; AUDITS</b> Barb Helm, Executive Director, Arcare, Inc., and Emily Smith, MPA, Executive Director, Wyoming Guardianship Corporation From accepting payments, providing money management, and protecting people from abuse and fraud, representative payees have an important role. We will discuss how you or your organization can fulfill the duties of a representative payee, and be paid for the service.	<b>MEDICAL TRACK</b> <b>MANAGING BEHAVIORAL SYMPTOMS OF INDIVIDUALS AGING WITH ASD</b> Jeremy Parr, MB, ChB, MD, CCT, Professor of Paediatric Neurodisability Newcastle University Institute of Neuroscience, and John Constantino, MD, Professor and Co-Director, Intellectual and Developmental Disabilities Research Center, Washington University School of Medicine Discover pharmaceutical and non-pharmaceutical approaches to managing difficult behavioral symptoms among people who are aging with ASD.	<b>POTPOURRI TRACK</b> <b>IMPACT OF THE PANDEMIC ON LONELINESS &amp; SOCIAL ISOLATION: WHAT DOES THE FUTURE HOLD?</b> Marla Berg-Weger, PhD, LCSW, Professor Emeritus, Saint Louis University School of Social Work This presentation will provide an overview of loneliness and social isolation before, during, and after the pandemic, the impact on older adults' physical and mental well-being, and implications for older adults with intellectual and developmental disabilities.

3:15 Break/Visit our Exhibitors

3:30 Afternoon Plenary Session: AUTISM SPECTRUM DISORDER, ADULTHOOD, AND AGING

Jeremy Parr, MB, ChB, MD, CCT, Professor of Paediatric Neurodisability, Newcastle University Institute of Neuroscience  
John Constantino, MD, Professor and Co-Director, Intellectual and Developmental Disabilities Research Center, Washington University School of Medicine

Findings from recent autism spectrum disorder and aging research will be shared to provide insight into implementing practical interventions in serving this population.

GRAND  
BALLROOM  
GRAND



Dr. Jeremy Parr



Dr. John Constantino

4:45 Conference concludes for the day

## Conference Awards—Monday

During lunch on Monday, the 31<sup>st</sup> Annual Aging with Developmental Disabilities Conference Committee will honor two award recipients.



The Allene M. Jackson Award originated in 2003 in honor AADD's founding Executive Director, Allene M. Jackson, who led the agency from 1989 to 1995. Jackson was a founding member of a Special Interest Group, from which the Association on Aging with Developmental Disabilities was formed. Her vision and commitment helped to pave the way for people aging with developmental disabilities. This award is given to direct care staff who have demonstrated a commitment to excellence in their work with a person or persons who are at least 50 years of age and have a developmental disability.



The Dr. John E. Morley Award, originated in 2017, is named after the inaugural recipient, Dr. John E. Morley. Dr. Morley is one of the nation's foremost authorities on geriatrics, receiving his medical degree from University of the Witwatersrand. Since 1989, he has been a Dammert Professor of Gerontology and Director for the Division of Geriatric Medicine, Department of Internal Medicine at Saint Louis University Medical Center. He has also been the Director of the Division of Endocrinology at Saint Louis University Medical Center since 2006. He has recently announced his retirement at the end of June 2022. The John E. Morley award is given in honor of individuals who show commitment and leadership in reducing barriers and/or creating new opportunities for persons who are at least 50 years of age and have a developmental disability. Eligible recipients are doctors, nurses, social workers, administrators, and management professionals who have followed in Dr. Morley's path in opening doors for this population. 2022 marks the 5<sup>th</sup> year of this award.

## Continuing Education Units Provided By:



**Missouri State  
Committee for  
Social Workers**

**Please visit the Continuing Education Table in the registration area with any questions.**

### **Disclosure Statement**

- **Successful Completion:** Participants must participate in the full session. To receive nursing Continuing Education (CE) contact hours, an on-line evaluation form is required.
- **In-Person attendees** must sign in each day at the CE table.
- **Sponsorship and Commercial Support:** We are grateful to our Sponsors. Although they provided sponsorship, they had no input or influence over the content or choice of presenters.
- **Potential conflicts of interest** have been identified in some of our presenters. However, all presenters are committed to present an unbiased presentation.

***This conference qualifies for up to 10 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline, certificate of completion (issued upon request), and contact your specific organization for filing requirements. In the event of late arrival or early departure, amended certificates indicating the actual number of credit hours earned will be provided.***





**Tuesday, May 24**

**8:00 Registration\*/Exhibitors (\*Registration only if you did not attend Monday)**

**8:15 Welcome**

**8:30 Morning Plenary Session: CLINICAL PEARLS IN IDD HEALTHCARE**

*CRAIG ESCUDÉ, MD, FAAFP, FAADM, PRESIDENT, INTELLECTABILITY*

Clinical Pearls, bits of clinically helpful information often gained from experiences or observations, are easily digestible, immediately usable, and are not always found in a book. We will focus on clinical pearls learned "the hard way." Find tips and observations in this discussion to help in your support and care for people with IDD.

**9:30 Break/Visit our Exhibitors**

**9:45 Breakout Session I**



Dr. Craig Escudé

**DIRECT CARE TRACK**

GRAND  
BALLROOM  
GRAND

**PLANNING FOR A GOOD LIFE WITH ASSISTIVE TECHNOLOGY**

Julie Reynolds, BA, MA, Senior Research Associate, University of Missouri-Kansas City, and David Baker, BA, MA, Director, Missouri Assistive Technology

Learn how to organize your ideas, vision, and goals, and problem-solve, navigate, and advocate for supports through the use of assistive technology.

**PROFESSIONAL TRACK**

D2  
BALLROOM  
D2

**SUICIDE PREVENTION: A CALL TO ACTION**

Jacque Christmas, MPA, BSW, Facility Review Coordinator, Missouri Department of Mental Health

Explore research and data regarding individuals with intellectual and developmental disabilities as an affected group. Discuss risk and protective factors and how to apply best practices in preventing suicide.

**MEDICAL TRACK**

C  
BALLROOM  
C

**DIGESTING THE DATA ON EDIBLES**

Chris Herndon, PharmD, BCACP, Professor, School of Pharmacy, Southern Illinois University Edwardsville

This session will provide a basic introduction into the types and available options for edibles and how the utilization of these may affect and benefit individuals aging with DD.

**POTPOURRI TRACK**

D3  
BALLROOM  
D3

**FOLLOW UP TO CLINICAL PEARLS IN IDD HEALTHCARE**

Craig Escudé, MD, FAAFP, FAADM, President, IntellectAbility

Join Dr. Escudé for a more in-depth look at Clinical Pearls in IDD Healthcare.

**10:45 Break/Visit our Exhibitors**

**11:00 Breakout Session II**

**DIRECT CARE TRACK**

D3  
BALLROOM  
D3

**DEMENTIA CARE ECOSYSTEM**

Michelle Niedens, LCSW, Director, Cognitive Care Network, KU Alzheimer's Disease Center

Learn about advancing referral pathways to Care Ecosystem staff, as well as early recognition and support tools for formal and informal caregivers.

**PROFESSIONAL TRACK**

C  
BALLROOM  
C

**STAR RAFT INTRO: PERSON-CENTERED, ENDURING CIRCLES OF CARE**

David Wetherow, Executive Director, The Star Raft Project and Owner, CommunityWorks

Learn how family-friendly, community-based support networks benefit people living with disabilities and the larger community. The use of microboards will be highlighted.

**MEDICAL TRACK**

GRAND  
BALLROOM  
GRAND

**MAKING FALL A SEASON, NOT A VERB!**

Julie Reynolds, Senior Research Associate, University of Missouri-Kansas City, and David Baker, Director, Missouri Assistive Technology

During this session, learn about the various cost-effective tech tools that can help you - and those you support - to prevent falls.

**POTPOURRI TRACK**

D2  
BALLROOM  
D2

**FIRST RESPONDER DISABILITY AWARENESS TRAINING**

Vicky Davidson, MEd, Executive Director, Missouri Developmental Disabilities Council First Responder Advocacy Training (FRAT) for Disability Advocates provides opportunities to receive the tools to work with police and fire departments, EMS/ambulance services, and 9-1-1 Call Centers to make sure they know the needs of people in the disability community.

**12:00 Lunch (Lower level)**

**1:15 Breakout Session III**

NORTH  
EXHIBIT  
HALL

**DIRECT CARE TRACK**

D3  
BALLROOM  
D3

**KEEPING PEOPLE SAFE: NAVIGATING BOUNDARIES WITH THE RING OF SAFETY**

Jessica Naslund, LCSW, AASECT Certified Sexuality Educator Supervisor, Adjunct Professor, University of Missouri-St. Louis, and Madeline Webster, Research Assistant, UMKC Institute for Human Development

This session will reflect on Dave Hinsburger's *Ring of Safety* as a systems approach to abuse prevention with older adults.

**PROFESSIONAL TRACK**

C  
BALLROOM  
C

**ACUTE CHANGE IN CONDITION**

Julie K. Gammack, MD, CMD, FACP, Professor of Medicine, Saint Louis University School of Medicine

Learn about the importance of "ruling out medical" and the possible medical reasons that lead to behavioral changes in people with DD who are aging.

**MEDICAL TRACK**

D2  
BALLROOM  
D2

**COVID-19'S LONG-TERM EFFECTS ON PEOPLE WITH IDD**

Angeline Stanislaus, MD, Chief Medical Director, Missouri Department of Mental Health, and Kerri Tesreau, MBA, Assistant Director, Department of Mental Health

This session will discuss the long-term effects of COVID-19 on people who are aging with IDD, including information about vaccine tolerance and techniques to encourage mask-wearing and other precautions to prevent the spread of COVID-19 in this high-risk population.

**POTPOURRI TRACK**

GRAND  
BALLROOM  
GRAND

**AGING IN ADULTS WITH DOWN SYNDROME: CONCERNS FOR DEMENTIA**

Seth M. Keller, MD, Co-President, National Task Group on Intellectual Disabilities and Dementia Practices

This presentation will explore the importance of assessments, accurate diagnostics, expectations of disease care and management related to Down syndrome and dementia, as well as concerns of family and caregivers.

**2:15 Break/Visit our Exhibitors**

**2:30 Afternoon Plenary Session: MANAGING MORALE WITH A MARATHON MENTALITY**

*DISHON KNOX, MA, MANAGER, TRAINING DEPARTMENT, EAST DISTRICT HABILITATION CENTERS*

Find the motivation and mindset to run well, pace yourself, avoid burnout, and finish strong in your profession.

**3:30 Conference concludes. Submit survey and continuing education paperwork.**

GRAND  
BALLROOM  
GRAND



Dishon Knox

# AADD's History & Notable Distinctions



***Pamela J. Merkle***

The Association on Aging with Developmental Disabilities (AADD) was initially formed in 1989 as a special interest group and became incorporated in 1994. AADD has a primary objective of bringing the aging and developmental disability fields together to create and provide best practices for people aging with developmental disabilities. It is a one of a kind organization in the United States, serving three area counties through ongoing programs and providing consultation and education beyond the geographical service area. Under the leadership of Executive Director, Pamela J. Merkle, programs for people with developmental disabilities supported by AADD have been successful with progressive growth over the last 20 plus years.

Through our direct services, AADD's overarching goal is to prevent entry into unnecessary long-term care placement and premature death in individuals who are aging with developmental disabilities. In response to the latter, all AADD programs have a common goal to provide necessary training to assist individuals in achieving a greater independence in the home and community, while aging in place.

- In 2011, AADD's Final Game Plan program received the Missouri Association of County Developmental Disability Services Cutting Edge award for its approach to end of life issues facing individuals with developmental disabilities
- In 2013, AADD was the topic of a doctoral dissertation written by Dr. Tina Grosso, Assistant Professor of Gerontology at Lindenwood University entitled Maximizing Independence for Older Adults With Developmental Disabilities Via Andragogical Techniques: A Program Evaluation - The Association on Aging With Developmental Disabilities.
- In 2017, AADD collaborated with funders and agency providers to create a Dementia Capable Care Team in the St. Louis metropolitan area, bringing in the National Training Group (NTG) to provide nationally recognized training on dementia capable care.
- In 2019, AADD became the first known international organization to provide Circle of Friends®, an evidenced-based social isolation prevention curriculum developed in Finland, to individuals aging (60+) with a developmental disability. Data gathered throughout the service provision of Circle of Friends® will be included in a St. Louis University Gateway Geriatric Education Center study entitled The Use of Psychosocial Groups to Alleviate Loneliness and Isolation in Seniors.
- In collaboration with an ever-growing network of diverse stakeholders, AADD has assiduously planned and hosted an annual professional conference for the past 30 years. Garnering interest both nationally and internationally. AADD has also forged partnerships with several academic institutions, including St. Louis University Gateway Geriatric Education Center, the University of Missouri-Kansas City Institute for Human Development (a University Center on Excellence on Developmental Disability), and the Washington University School of Medicine Intellectual and Developmental Disabilities Research Center. The 2019 conference drew more than 350 attendees, including nurses, social workers, direct care providers, and consumers from 12 different states. Despite the transition to a hybrid format in 2021, more than 260 professionals attended, representing 23 states.
- In 2021 and 2022, AADD and its programs have been featured in several media articles including Impact magazine, Exceptional Parent magazine and other publications.
- In 2022, AADD's Executive Director, Pamela J. Merkle, was nominated for and selected as the awardee of the 2022 Harvey A. and Dorismae Hacker Friedman Award for Excellence in Service to Older Adults by the Friedman Center for Aging at Washington University.
- In 2022, AADD was awarded the Innovation in Supporting Aging Adults with Developmental Disabilities project funded by the Missouri Developmental Disabilities Council to create, implement, and evaluate a Family Care at Home (FCH) curriculum that will be offered to people with developmental disabilities, living at home, in a mutual care-giving arrangement with an aging loved one.





## WHO WE ARE

The Productive Living Board (PLB) is a public taxing entity, commonly known as a “Senate Bill 40 Board,” that enters into funding contracts with agencies that serve individuals with developmental disabilities in St. Louis County.

## WE INVEST IN

## EMPOWERMENT ACROSS A LIFETIME

PLB empowers people throughout their lifetime by investing tax dollars in a spectrum of carefully selected services. These services create opportunities for over 4,000 individuals to thrive in the home, community, and employment setting of their choosing.

## TO LEARN MORE

Visit our website at [PLBoard.com](http://PLBoard.com) to learn more about opportunities that may assist you in achieving your goals!





Missouri Family to Family is a statewide resource center and community of families who have members with disabilities and special health care needs.

MoF2F and its partners collaborate to address the need for individuals with disabilities, their families, and others in the field to receive family-friendly information on best practices and disability topics, peer support and leadership opportunities.

Why call 1-800-444-0821 or  
email [MoFamilytoFamily@umkc.edu](mailto:MoFamilytoFamily@umkc.edu)?

## 1) We offer basic information and referral services

We can share immediate information from those with a lived experience on what types and varieties of services, support and benefits in Missouri, as well as how to access them in the community.

## 2) We offer navigation and help with advanced problem-solving

Our MoF2F Information Specialist provides system navigation and resource connection to assist families as they build upon their strengths and develop action plans.

## 3) We offer educational opportunities to help address worries about the future

One of our specialties is Good Life Groups: Virtual Facebook Live interactions that engage participants in learning and problem solving with peers and facilitators on specific educational and support topics. Our Good Life groups include:

- **Planning Forward with LifeCourse:** For those 27 and older, which focuses on transitions into adulthood and how to plan best for the future.
- **Sibling-Centered Good Life Group:** For siblings of people with disabilities to talk about being a sibling, from childhood through adulthood. As siblings age, find support here.

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Call us or refer people in your network to [mofamilytofamily.org](http://mofamilytofamily.org)





# Essential Tools and Training for Supporting Healthy Aging for People with IDD



## Health Risk Screening Tool (HRST)

The HRST identifies risks that are often missed and provides action steps to help mitigate these risks, thus saving lives. It is the leading screening tool for those with IDD and other at-risk populations.

## Supporter Education

Health and safety eLearn training for all levels of supporters, including:

- ✓ Fatal Five
- ✓ Physical and Nutritional Supports
- ✓ Choking
- ✓ And more!

## The Curriculum in IDD Healthcare eLearn

A comprehensive eLearn course specifically designed for clinicians to enhance their clinical competence in healthcare for people with IDD. It is currently in use by medical schools and state agencies.

## Person-Centered Training Services

A complete training line-up focused on applicable skills and techniques to enhance person-centered service delivery.



Please join IntellectAbility President, Dr. Craig Escudé, for his keynote presentation on Clinical Pearls in IDD Healthcare on Tuesday, May 24th at 8:30 am, and a breakout session at 9:45 am.



Use code AADD22\* for a 20% discount on the Clinical Pearls in IDD Healthcare hardcover book at [ReplacingRisk.com/store](https://ReplacingRisk.com/store).

\*Valid till June 30, 2022

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EverSpring Pharmacy has a drive to provide the highest level of customer satisfaction to our customers.

We believe the individuals we serve and their needs come first.

Everything we do stems from that foundation.

## The path ahead needs an oral health care system designed to work for everyone.

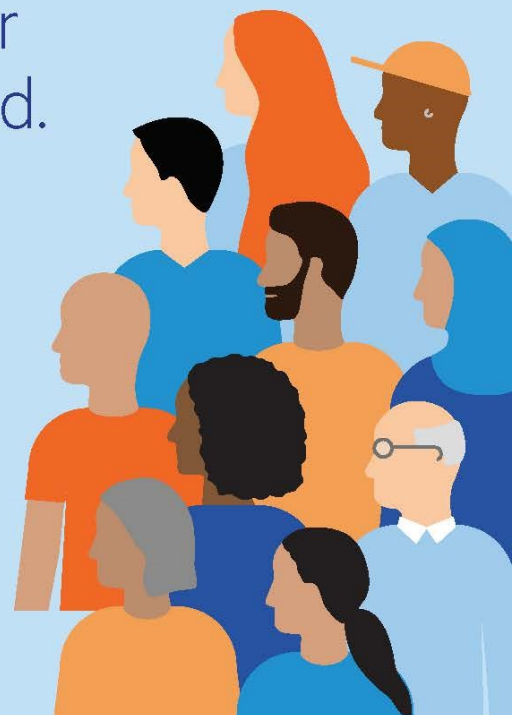
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***Thank you to the following speakers for taking extra time to also present for our Self-Advocate Track:***

***Vicky Davidson, Julie Reynolds, Craig Sever, and Kelli Barton, PhD***

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## AT THE INTERSECTION OF AGING AND DEVELOPMENTAL DISABILITIES

Jessica Bax, MA, Director, Division of Developmental Disabilities, Missouri Department of Mental Health, **Monday May 23, 2022, 9:30 am**



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## A DIFFICULT CONVERSATION

Margaret Terranova, RN, Staff Development Coordinator, Heartland Hospice, **Monday May 23, 2022, 10:45 am**



## COGNITIVE AND EMOTIONAL CHANGES AFTER A TRAUMATIC BRAIN INJURY

Justine Ashokar, PhD, Director of Clinical Services, The Brain Injury Rehabilitation Center, **Monday May 23, 2022, 10:45 am**



## STATION MD: BRINGING BETTER QUALITY MEDICAL CARE VIA TELEMEDICINE

Maulik M. Trivedi, MD, FACEP, Chief Strategy Officer, Station MD, **Monday, May 24, 2022 1:00 pm**



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## BEHAVIORS & COMMUNICATION IN DEMENTIA CARE

Becky Fierberg, MSW, LCSW, Clinical Research Specialist, Knight Alzheimer's Disease Research Center, **Monday May 23, 2022, 1:00 pm**



## PRACTICAL APPLICATIONS OF GENETIC TESTING

Craig Sever, BS, RPh, Clinical Coordinator, EverSpring Pharmacy, **Monday May 23, 2022, 1:00 pm**



## MANAGING BEHAVIORAL SYMPTOMS OF INDIVIDUALS AGING WITH ASD and AUTISM SPECTRUM DISORDER, ADULTHOOD, AND AGING

Jeremy Parr, MB, ChB, MD, CCT, Professor of Paediatric Neurodisability Newcastle University Institute of Neuroscience, and John Constantino, MD, Professor and Co-Director, Intellectual and Developmental Disabilities Research Center, Washington University School of Medicine **Monday May 23, 2022, 2:15 pm and 3:30 pm respectively**



## ACUTE CHANGE IN CONDITION

Julie K. Gammack, MD, CMD, FACP, Professor of Medicine, Saint Louis University School of Medicine, **Tuesday May 24, 2022, 1:15 pm**



## AGING IN ADULTS WITH DOWN SYNDROME: CONCERNS FOR DEMENTIA

Seth M. Keller, MD, Co-President, National Task Group on Intellectual Disabilities and Dementia Practices, **Tuesday May 24, 2022, 1:15 pm**

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**Justine Ashokar, PhD** ([jashokar@bhws.com](mailto:jashokar@bhws.com)) is a licensed psychologist and the Director of Clinical Services at the Brain Injury Rehabilitation Center, an affiliate of Black Hills Works in Rapid City, South Dakota. She has a M.S. in Counseling, M.A. in Clinical Psychology and a Ph.D. in Clinical Psychology, with a concentration in Clinical Neuropsychology. Justine is a Certified Brain Injury Specialist and is a co-facilitator of the Brain Injury Support Group of the Black Hills. She is a member of the Mayo Clinic TBI Regional Advisory Council, Vice President of the Brain Injury Alliance of South Dakota and President of the South Dakota Psychological Association.

**David Baker, MA** ([DBaker@mo-at.org](mailto:DBaker@mo-at.org)) is the Director of Missouri Assistive Technology, a federally funded state assistive technology program. His interest in assistive technology began nearly 30 years ago while working with an individual who was using one of the first commercially available augmentative communication devices. Fascinated with what adapted technology can do to level the playing field and open opportunities, David has devoted his entire career to incorporating assistive technology into the lives of individuals with disabilities. David has held a variety of positions that have seen him involved in all facets of assistive technology including training, program development and management.

**Kelli Barton, PhD** ([bartonkn@umkc.edu](mailto:bartonkn@umkc.edu)) is the Director of Health and Aging at the University of Missouri—Kansas City Institute for Human Development. Dr. Barton is a gerontologist with a focus on improved quality of life for people intellectual and developmental disabilities and their families as they age through policy, programs, and systems change. She currently oversees implementation and evaluation for several federally-funded projects, including a CDC-funded preventative healthcare and health promotion program accessibility project, an NIH-funded project to increase participation of underrepresented minority groups in clinical research on Alzheimer's disease, and an ACL-funded project to expand access to a comprehensive, accessible, and coordinated system of services and supports for individuals with traumatic brain injury and their families.

**Jessica Bax, MPA** ([Jessica.Bax@dmh.mo.gov](mailto:Jessica.Bax@dmh.mo.gov)) joined the Division of Developmental Disabilities in May of 2021 as Division Director. Prior to joining the Department, Ms. Bax served for three years as the Director of Division of Senior and Disability Services, with responsibility for Medicaid Home and Community Based Services, Adult Protective Services, and Older Americans Act programs. She has more than 16 years of government experience, including serving as the Constituent and Emergency Services Manager, Bureau Chief of Medicaid Long Term Services and Supports and Deputy Division Director for Senior and Disability Services. As Division Director, she is responsible for the oversight of Missouri's Home and Community Based Medicaid Service Waivers as well as Missouri's state operated programs.

**Marla Berg-Weger, PhD, LCSW** ([marla.bergweger@slu.edu](mailto:marla.bergweger@slu.edu)) is a Professor Emeritus, Saint Louis University School of Social Work, Executive Director, Gateway Geriatric Education Center. She is Co-Project Director of the Geriatric Workforce Enhancement Program. Her scholarly work focuses on family caregiving, non-pharmacologic interventions for persons with dementia, loneliness and social isolation, and social work practice. She has authored four books and over 100 publications. She serves as the immediate Past President of the National Association for Geriatric Education.

**Kari Burch, OTD, OTR/L** ([kburch@memorycarehs.org](mailto:kburch@memorycarehs.org)) is an Occupational Therapist at Memory Care Home Solutions. Kari holds a Bachelor of Arts in Philosophy-Neuroscience-Psychology from Washington University in St. Louis and a Doctorate in Occupational Therapy from Washington University School of Medicine. Kari served as a part-time lecturer for the cognitive interventions courses at Washington University's Occupational Therapy program for 5 years and led an early stage support group for persons living with dementia at the local Alzheimer's Association chapter for 6 years.

**Pat Charlesworth** is an expert by experience. She is a valued member of the Foundation for People with Learning Disabilities team. Pat is an advocate, campaigner, researcher, trainer and contributes to many programmes both policy and guidance work. Pat works on the Palliative Care advisory group and developing guidance with NICE on growing older with a learning disability. She has chaired many conferences and meetings such as the DAA roundtable on Dementia and Learning Disability. Pat is an activist and is a passionate campaigner on the rights of people with a learning disability.

**Jacque Christmas, MPA, BSW** ([Jacque.Christmas@dmh.mo.gov](mailto:Jacque.Christmas@dmh.mo.gov)) has worked for the MO Department of Mental Health for twenty-six years and has served as the Fatality Review Coordinator since 2008. In 2012, Jacque lost her 27-year-old drug addicted son. Jacque combines her experience as the Fatality Review Coordinator and that of a bereaved mother to support and educate others impacted by suicide and other special circumstance deaths. Jacque is a certified Question, Persuade, and Refer Suicide Prevention Gatekeeper Instructor as well as a Mental Health Recovery and Wellness Recovery Action Planning® Facilitator. Jacque was appointed Secretary of the Board of Directors of the American Association of Suicidology in August 2021.

**John N. Constantino, MD** ([constantino@wustl.edu](mailto:constantino@wustl.edu)) is the Blanche F. Ittleson Professor of Psychiatry and Pediatrics at Washington University in St. Louis, where he directs the William Greenleaf Eliot Division of Child Psychiatry, directs an NICHD Intellectual and Developmental Disabilities Research Center, and serves as Psychiatrist-In-Chief of St. Louis Children's Hospital. He has pioneered quantitative methods for predicting autism recurrence in families, and methods developed for rapid behavioral phenotyping are used internationally in genetic research involving autism and related disorders.



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**Vicky Davidson, MEd** ([vdavidson@moddcouncil.org](mailto:vdavidson@moddcouncil.org)) has over thirty-five years of experience working toward statewide systems change and policy development that impacts individuals with developmental disabilities and their families. More importantly, she is a mother and family member to individuals with disabilities. As the Executive Director for the Missouri Developmental Disabilities Council, she leads the Council through its work addressing the five-year state plan. Vicky is also a leader in emergency management for people with disabilities and currently serves as the Chair of the Functional and Access Needs Committee that is supported by SEMA, to address the needs of people with disabilities and other access and functional needs. She also serves as the Secretary for the National Association for Councils on Developmental Disabilities (NACDD).

**Craig Escudé, MD** ([craig@replacingrisk.com](mailto:craig@replacingrisk.com)) is a board-certified Fellow of the American Academy of Family Physicians with over 20 years of clinical experience providing medical care for people with IDD. In July 2018, he was named President of IntellectAbility. Being pioneers and innovators in person centered health in vulnerable populations, IntellectAbility's Health Risk Screening Tool (HRST) is a web-based screening instrument designed to detect health destabilization.

**Jan Fabick, MSW** ([JFabick@memorycarehs.org](mailto:JFabick@memorycarehs.org)) received her BSSW and MSW from Saint Louis University. She then went on to become an LCSW. Jan has worked for Memory Care Home Solutions for the past 9 years. Jan served as a research assistant for Dr. Stanley Birge with Washington University Division of Geriatrics and has served as adjunct faculty for the School of Public Health and Social Justice for Saint Louis University. She has held the position of Board President for Social Work Leaders in Health Care of Metro St. Louis. Jan currently serves as clinic manager at Memory Care Home Solutions.

**Rebecca I. Fierberg, LCSW** ([rebecca.fierberg@wustl.edu](mailto:rebecca.fierberg@wustl.edu)) is a social worker for the Memory and Aging Project within the Knight Alzheimer Disease Research Center. Her academic and practicum work at the Brown School at Washington University solidified her desire to serve the older adult population. In her role at the Center, she acts as an educational, supportive, and counseling resource for all research participants and their families and provides services to community members outside the study who seek information and support about Alzheimer disease. She was also the awardee of the 2013 Harvey A. and Dorismae Hacker Friedman Award for Excellence in Service to Older Adults by the Friedman Center for Aging at Washington University.

**Julie K. Gammack, MD, CMD, FACP** ([julie.gammack@health.slu.edu](mailto:julie.gammack@health.slu.edu)) received her medical degree from the University of Minnesota Medical School followed by an internal medicine residency and geriatric medicine fellowship at the University of Washington School of Medicine. Dr. Gammack is a Professor of Medicine and served as the Program Director for the Geriatric Medicine fellowship from 2006-2015. She received a 6-year HRSA Geriatric Academic Career Award for her work in geriatric medical education. Dr. Gammack has received a Distinguished Teacher Award in Clinical Teaching from the School of Medicine, a St. Louis YWCA Leader Award through the St. Louis University Women's Commission, and a Caring Physician Award from SSM Health Saint Louis University Hospital. She speaks nationally and publishes in the area of long-term care education and is a Certified Medical Director. Dr. Gammack is the Associate Dean and Designated Institutional Official for graduate medical education. She maintains a geriatric medicine clinical practice and supervises trainees in the hospital and nursing home settings.

**Beckie Gierer, MS** ([Beckie.gierer@dmh.mo.gov](mailto:Beckie.gierer@dmh.mo.gov)) was named the Missouri Department of Mental Health's Director of Continuity of Operations Planning in 2017, but has been with the department for 16 years. Her background is actually in criminal justice, in which she has Bachelors and Masters degrees. While she was finishing her Bachelors degree at Lincoln University, she started working with the Department of Public Safety, dispatching the Capitol Police Department. Gierer then worked for the Department of Social Services, doing child abuse and neglect investigations, which later led to doing investigations for the Department of Mental Health. She considers her current job a good mix of her public safety background and her interest in disasters and their mental health implications — in part spurred by the trauma she witnessed among children with whom she worked.

**Barb Helm, LBSW, NCG** ([barbhelm@arcare.org](mailto:barbhelm@arcare.org)) has been the Executive Director of Arcare, Inc. for 31 years. Serving a diverse population of over 1500 individuals throughout the Midwest, Arcare Inc. specializes in advocacy, life care planning and fiscal management for persons with disabilities. Under Barb's leadership, Arcare Inc. developed their Representative Payee Program, Pooled Trust Program, and Life Care Program. She serves as the Chairperson of the National Plan Alliance and is a Board Member of the National Down Syndrome Congress and the Association on Aging with Developmental Disabilities. She is a frequent speaker both locally and nationally on special needs trust administration, public benefits, and life care planning. She has a degree in Social Work from the University of Kansas, is a Kansas Licensed Social Worker, and a National Certified Guardian.

**Chris Herndon, PharmD, CPE, FASHP** ([cherndo@siue.edu](mailto:cherndo@siue.edu)) sees chronic pain patients in a multidisciplinary setting within a family medicine residency clinic. He is the Principal Investigator for the National Institutes of Health Center of Excellence in Pain Education at Southern Illinois University at Edwardsville.

**Rachel Jones, MEd, LPC** ([rachel.jones@dmh.mo.gov](mailto:rachel.jones@dmh.mo.gov)) is the Manager of Trauma Informed Care with Missouri Department of Mental Health, Division of Behavioral Health. She received her Masters of Education in

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Educational, School and Counseling Psychology from University of Missouri-Columbia. She is a Licensed Professional Counselor. Her primary scope is to provide assistance with various projects to further implement trauma-informed knowledge, practices and treatment across the state.

**Seth M. Keller, MD** ([sethkeller@aol.com](mailto:sethkeller@aol.com)) is a board-certified neurologist in private practice with Neurology Associates of South Jersey. He specializes in the evaluation and care of adults with Intellectual and Developmental Disabilities with neurologic complications. Dr. Keller is on the Executive Board of the Arc of Burlington County as well as on the board for The Arc of New Jersey Mainstreaming Medical Care Board. He is the Past President of the American Academy of Developmental Medicine and Dentistry (AADMD) and current co-president of the National Task Group on Intellectual Disabilities and Dementia Practices (NTG). He is actively involved in national and international IDD health education as a speaker and webinar and workshop participant. He has co-authored a number of articles and book chapters relating to aging and dementia in those with IDD. Raised in Philadelphia, PA, Keller received his Bachelors degree from Temple University, earned his medical degree from the George Washington University School of Medicine in 1989, and completed his neurology internship and residency at Bethesda Naval Hospital.

**Dishon Knox, MA** ([dishon.knox@dmh.mo.gov](mailto:dishon.knox@dmh.mo.gov)) has been a St. Louis transplant for twenty-one years, hailing from the Windy City of Chicago, by way of Washington University in St. Louis. That means that, while he has a love for Toasted Ravioli and St. Paul Sandwiches, his preference for pizza is a saucy, cheesy deep dish. During his time at Wash. U., Dishon discovered that his extroverted love for people could be cultivated into studying people through a social services major. That emphasis has led to a career of helping people in a number of social service positions, as well as helping people's spiritual formation in his local church, most recently as a bi-vocational pastor. Dishon has earned a B.A. in Social Thought and Analysis from Washington University, as well as an M.A. in Theological Studies and an M.A. in Counseling from Covenant Theological Seminary. Dishon's work history with the MO Department of Mental Health goes back to 2013; he currently manages the Training Department for the East District Habilitation Centers. He is a trainer by trade, a speaker by calling and a comedian in his dreams.

**Christine Koulla-Burke, MSc** ([cburke@learningdisabilities.org.uk](mailto:cburke@learningdisabilities.org.uk)) is the Director of the Foundation for People with Learning Disabilities, at London South Bank University which works with people with learning disabilities and families with a focus on prevention and combating inequalities. She has developed and managed many service improvement programs in both health and social care and supported them to change to inclusive, person-centered services for people with learning disabilities, nationally and internationally. She has published many articles, guides and other publications.

**Jessica Naslund, LCSW** ([jnaslund@cccstl.com](mailto:jnaslund@cccstl.com)) is a Licensed Clinical Social Worker and AASECT Certified Sexuality Educator supervisor who teaches and provides therapy for all individuals. She is an adjunct professor in the UMSL SUCCEED transitional program for individuals with intellectual disabilities teaching healthy relationships and sexuality. She is in private practice seeing individuals both neurotypically developing and those with various abilities of all ages.

**Michelle Niedens, LCSW** ([cniedens2@kumc.edu](mailto:cniedens2@kumc.edu)) is the Director of the KU Alzheimer's Disease Center's Cognitive Care Network, a community-based program focused on early detection, provider partnerships, support services and education. She received her Bachelor's and Master's degree from the University of Kansas and holds clinical social work licenses in Kansas and Missouri. Her career has been dedicated to working with elders and those with Alzheimer's disease, including tenure in geriatric psychiatric inpatient settings, serving as Director of Education, Programs, and Policy at the Alzheimer's Association, Heart of America Chapter and teaching social work practice at the University of Kansas School of Social Welfare.

**Jeremy Parr, MB, ChB, MD, CCT** ([jeremy.parr@newcastle.ac.uk](mailto:jeremy.parr@newcastle.ac.uk)) is a Professor and Honorary Consultant in Paediatric Neurodisability at the Population Health Sciences Institute Newcastle University, Newcastle Upon Tyne Hospitals. He is a clinical academic undertaking translational research that aims to improve health and quality of life. His research starts with investigating the biological basis of neurodevelopmental conditions and identifying people's clinical conditions from across the lifespan, applying that new knowledge and carrying out clinical trials and intervention studies to reduce the effects of disability, and improve health and quality of life. Dr. Parr has authored more than ninety research publications. He has a particular expertise in autism spectrum disorder; he leads internationally renowned autism research registers and longitudinal research cohorts.

**Julie Reynolds, MA** ([juliereynolds@umkc.edu](mailto:juliereynolds@umkc.edu)) is a Senior Research Associate at the University of Missouri—Kansas City Institute for Human Development. Julie has over 35 years' experience working with individuals with intellectual disabilities and their families. Julie is a Certified Charting the LifeCourse (CtLC) Ambassador and has done extensive training and technical assistance on person-centered planning and the CtLC Framework.

**Craig M. Sever BS, RPh** ([csever@everspringrx.com](mailto:csever@everspringrx.com)) Craig has been with EverSpring Pharmacy for over five years and is responsible for the management and oversight of the day-to-day clinical operations of pharmacy services in senior living communities serving individuals with developmental delays. After graduating from St. Louis

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College of Pharmacy, he spent 13 years as a clinical pharmacist in a 500 bed acute bed hospital while serving 10+ of those years as an Adjunct Professor for the college. For the past 22 years, he has specialized as a Consultant Pharmacist concentrating on the aging and/or developmentally disability population. He serves on multiple behavior management and human rights committees as well as serves on the Board of Directors for the Association on Aging with Developmental Disabilities.

**Emily Smith, CSW, NCG** ([emily@wyoguardianship.org](mailto:emily@wyoguardianship.org)) is the Executive Director of Wyoming Guardianship Corporation (WGC), Wyoming's only nonprofit specializing in both life and financial management services. She has a degree in Social Work from Boise State University, and she has been a certified social worker in Wyoming since 2002. Smith has an eclectic work experience which includes home health social work, psychiatric social work, community mental health and crisis work. In 2010, she began working at Wyoming Guardianship Corporation, becoming Executive Director in 2011. She has been a Nationally Certified Guardian through the Center for Guardianship Certification since 2010 and she oversees the provision of guardianship, representative payee services and other fiduciary programs to more than 1,000 people, annually. She sits on the board of the National PLAN Alliance, an organization dedicated solely to meeting the planning needs of families with adult children having lifelong disabilities.

**Angeline Stanislaus, MD** ([angeline.stanislaus@dmh.mo.gov](mailto:angeline.stanislaus@dmh.mo.gov)) is a board certified forensic psychiatrist. She is currently the Chief Medical Director of Missouri Department of Mental Health. In this role, during the COVID pandemic, Dr. Stanislaus developed protocols to prevent transmission of COVID and mitigate its effects in long-term care settings such as the State psychiatric hospitals and habilitation centers. She continues to remain an active participant of the Missouri COVID response task force and closely follows COVID related data.

**Margaret Terranova, RN** ([Margaret.Terranova@promedica.org](mailto:Margaret.Terranova@promedica.org)) has been an RN for 27 years working primarily with older adults. She spent 5 years in a nursing home as a floor nurse and a care plan nurse. She has worked for Heartland Hospice for 22 years as a Case Manager, Patient Care Coordinator and currently as Staff Development Coordinator. She places as much emphasis on educating the community about life and death as she does with the Heartland staff. She has a Bachelor of Arts in Theatre with a minor in French and an Associate Degree in Nursing.

**Kerri Tesreau, MBA** ([kerri.tesreau@dmh.mo.gov](mailto:kerri.tesreau@dmh.mo.gov)) serves as the Assistant Director of the Missouri Department of Mental Health (DMH). Prior to this role, she was the Director of the Office of Autism Services for the Missouri Department of Mental Health, Division of Developmental Disabilities. She has played an integral role in the DMH response to COVID-19, participating in the statewide COVID-19 Fusion Cell assembled to plan, implement, and monitor the state's response testing and vaccine for Missouri's congregate care agencies.

**Maulik M. Trivedi, MD, FACEP** ([maulik.trivedi@stationmd.com](mailto:maulik.trivedi@stationmd.com)) is a board-certified Emergency Medicine physician in practice for over 20 years. He has served as the chairman or associate chair of several emergency departments. He has also been an integral part of the core leadership of emergency medicine provider groups in the region. He is a founding partner of StationMD and has been instrumental in helping the organization achieve its mission of improving the quality of care for individuals with intellectual and developmental disabilities. He is a recognized national speaker and thought leader on the use of technology and telehealth solutions to positively impact an individual's medical care and foster independence for vulnerable populations. He continues to practice as an ER doctor in the New York City area. He has a special interest in applying tech solutions to keep both individuals and staff safe during and beyond the COVID-19 crisis.

**Madeline Webster** ([mwebster@mail.umkc.edu](mailto:mwebster@mail.umkc.edu)) is a Research Assistant for the University of Missouri—Kansas City Institute for Human Development, focused on working alongside self-advocates to determine best practices in supporting self-determination, educating the public, and contributing to the body of research on disability support and advocacy. Previously, she was a Transition Navigator at St. Louis Arc, helping individuals and families navigate the complicated world of transition. She has a foundation in direct care and supported employment, which fostered a passion for supporting self-determination and helping people to live full lives. Madeline advises a self-advocate group and believes that people with disabilities bring a unique perspective to leadership that should be recognized and nurtured. She also works alongside community leaders in Safe Circle Coalition to prevent abuse and empower people with disabilities to have healthy, full relationships.

**David Wetherow** ([wetherow@me.com](mailto:wetherow@me.com)) is the owner of CommunityWorks and the Executive Director of the Star Raft Project in British Columbia, Canada. He and his wife Faye have long been involved in service development, training, management consultation and facilitation in the field of community living. Together, they created the very first Microboards, and developed Prairie Housing Cooperative (inclusive cooperative housing), L'Avenir Cooperative (a family- and consumer-governed service co-op), and some of Canada's earliest supported employment, individualized funding, and personal support projects.



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**MO Department of Health and Senior Services/Special Health Care Needs - Kat Rhodes & Shari Lexa**  
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**Thrivent Financial: Jonathan Drew - Jonathan Drew**  
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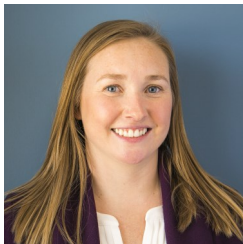
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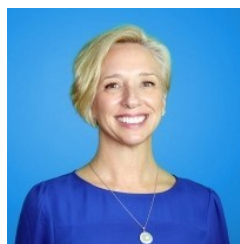
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*The Board of Directors of the Association on Aging with Developmental Disabilities thanks the Conference Committee members for their year-long dedication to planning the Annual Aging with Developmental Disabilities Conference. Also, many thanks to the Speakers who have agreed to share their expertise on aging and/or developmental disabilities in order to promote best support models and practices in supporting individuals aging with a developmental disability with living their best life.*



# AADD in ACTION







**Mission: The Association on Aging with Developmental Disabilities (AADD) supports and serves aging adults with developmental disabilities to promote their dignity and independence.**

**Thank you for attending the 31<sup>st</sup> Annual Aging with Developmental Disabilities Conference!**

**Please keep in contact with us throughout the year.**

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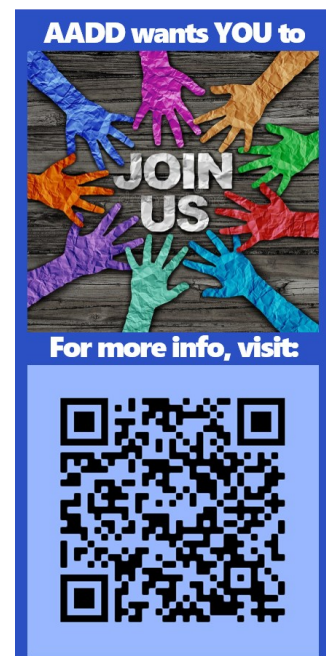
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