26th Annual
Aging with Developmental Disabilities Conference
May 16-17, 2016
www.agingwithdd.org
St. Charles Convention Center
#1 Convention Center Plaza
St. Charles, Missouri 63303
AADD Contact Info:
www.agingwithdd.org
Phone (314) 647-8100
Contact Hours pending
co-sponsored by
SAINT LOUIS UNIVERSITY
SCHOOL OF MEDICINE
CONTINUING NURSING
EDUCATION
Aging

Monday, May 16

8:30 Registration/Exhibitors
9:30 KEYNOTE ADDRESS:

COALITION BUILDING: Bringing the Aging and Developmental Disabilities Worlds Together

Kathleen M. Bishop, PhD, National Task Group on Dementia and ID, Rochester, NY

Learn the importance of working across the aging and developmental disabilities network to help make a difference in quality of life for older adults with developmental disabilities and their caregivers.

10:30 Break
10:45 Breakout Session I

<table>
<thead>
<tr>
<th>BASIC TRACK A</th>
<th>PROFESSIONAL TRACK B</th>
<th>MEDICAL TRACK C</th>
<th>POTPOURRI TRACK D</th>
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</thead>
<tbody>
<tr>
<td>COMMUNICABLE DISEases in COMMUnal LIVING</td>
<td>A DAY IN THE LIFE...</td>
<td>DARE TO KEEP SENIORS OFF DRUGS</td>
<td>DOWN SYNDROME AND AGING</td>
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<tr>
<td>Carolyn Philpot, GNP, St. Louis University School of Medicine, Retired</td>
<td>Anita Contreras, MSW, Warren County DD Board and Nancy Shrevebury, MSN, SLUCare Physician's Group “Where everybody knows your name...” how to assist individuals to participate in meaningful activities.</td>
<td>Beth Hall, PharmD, BC-PP Fulton State Hospital Gain an increased understanding of medication-related issues more common in seniors with DD.</td>
<td>Stacey Laughlin, LMSW Albert Pujols Wellness Center for Adults with Down Syndrome Examine the unique challenges faced by people with Down Syndrome through the aging process.</td>
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### BASIC TRACK A

**DEMENTIA AND DEVELOPMENTAL DISABILITIES**  
Kathleen Bishop, PhD, National Task Group on Dementia and ID  
(Session meets CARF requirement)

Learn about the unique and changing needs of a person with dementia, and explore how to support someone experiencing cognitive, physical, and social changes while preserving their dignity and individualism.

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**PROFESSIONAL TRACK B**

**BEING WITH” PEOPLE EXPERIENCING GRIEF AND LOSS**  
MaryAnne Tulliver, MPA, BB and Barbara Stewart, MA, MSW  
St. Louis Arc

Use simple techniques of being with individuals as they age who are grieving or experiencing end of life.

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**MEDICAL TRACK C**

**SERIOUSNESS OF SEPSIS IN PATIENTS WITH DD**  
Gerald Mahon, MD  
St. Louis University School of Medicine

Education on risk factors, identification, treatment, and prevention of sepsis in the aging with developmental disability population.

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**POTPOURRI TRACK D**

**PEELING THE COUCH POTATOES AWAY FROM THE TELEVISION!**  
Carol Crebs, BSBA  
Washington University-Retired, Parent, Nathaniel Dear, Easter Seals Midwest, & Tammy Stevens, AADD

Ideas for home and community engagement for people with developmental disabilities who are aging.

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### Session Breaks

**2:00 Break**  
**2:15 Breakout Session III**

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**EQUIPPED FOR SUCCESS: SAFE USAGE OF ADAPTIVE EQUIPMENT**  
Robyn Somraty, OTR  
The Cedars of Town & Country

Using the right adaptive equipment can be the difference between independence and reliance on others.

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**PROFESSIONAL TRACK B**

**COGNITIVE STIMULATION THERAPY**  
Julia Henderson-Kalb, MS, OTR/L  
St. Louis University Geriatric Education Center

Learn about CST as a non-medical intervention for people who are aging with developmental disabilities.

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**MEDICAL TRACK C**

**FALL PREVENTION: GET UP AND GO**  
Helen Lach, PhD, RN, GCNS  
St. Louis University School of Nursing

Evaluate, prevent, and treat balance issues as people age, and identify resources for adults with DD.

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**POTPOURRI TRACK D**

**TRANSITION IN INDIVIDUALS WITH AUTISM SPECTRUM DISORDER**  
Rolanda Maxim Gott, MD  
Knights of Columbus Developmental Center

Explore the new frontier of challenges and the impact of aging on people who have autism.

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**3:15 Break**  
**3:30 Breakout Session IV**

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**BASIC TRACK A**

**TOOLS FOR SUPPORTING PEOPLE IN DOCTORS APPOINTMENTS**  
Carol Crebs, BSBA  
Washington University-Retired, Parent and Nathaniel Dear, Easter Seals Midwest

Develop your knowledge and skills to plan, organize, and communicate the exchange of information with medical practitioners.

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**PROFESSIONAL TRACK B**

**DEMENTIA FRIENDLY CARE**  
Janis McGillick, MSW, LHC  
Dolan Memory Care Homes and Nancy Shresbury, MSN  
SLUCare Physician’s Group

Learn strategies to make your environment dementia friendly and the challenges for people with DD.

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**MEDICAL TRACK C**

**COLLABORATIVE TREATMENT PLANNING: THE NURSES ROLE**  
Kim Stock, RN  
Department of Mental Health

Supporting each valued role as contributors to an overall treatment plan.

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**POTPOURRI TRACK D**

**HEAD INJURY AND AGING**  
Donna Gunning, MEd, CRC, LPC  
The Center for Head Injury Services

Examine unique challenges faced by people with head injuries who are aging.

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**4:30 Conference concludes for the day**
<table>
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<tr>
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<tr>
<td>8:00</td>
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<tr>
<td>8:30</td>
<td>KEYNOTE ADDRESS: ALZHEIMER’S RESEARCH</td>
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<tr>
<td>9:30 Break</td>
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<tr>
<td>9:45</td>
<td>Breakout Session I</td>
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<tr>
<td>10:45</td>
<td>Break</td>
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<tr>
<td>11:00</td>
<td>Breakout Session II</td>
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<td>12:00</td>
<td>Lunch and Award Presentations</td>
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<td>1:15</td>
<td>Breakout Session III</td>
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<tr>
<td>2:15 Break</td>
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<tr>
<td>2:30</td>
<td>POSTNOTE: RELIEVING CAREGIVER STRESS</td>
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<tr>
<td>3:30</td>
<td>Conference concludes</td>
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The conference planning committee has selected speakers who are experts in their field. Speakers are solely responsible for the content of their presentation.
Name

Organization

Home or Business Address

Email

Telephone

Fax

Please indicate any special needs or accommodation requests below. Requests must be made by May 2, 2016.

Registration Fee (includes instruction, materials, and lunch)

- $175 Conference Fee (early registration)
- $35 Additional Fee if Requesting CEUs
- $195 Conference Fee for registrations received after May 2, 2016.
- $165 Conference Fee per person for organizations sending 5 or more participants
- $120 Self Advocate Fee (sessions designated for consumers run concurrently.)

Please check the sessions you will attend and circle the breakouts of your choice.

Day One: Monday, May 16th

- Keynote
- Breakout Session I: A B C D
- Breakout Session II: A B C D
- Breakout Session III: A B C D
- Breakout Session IV: A B C D

Day Two: Tuesday, May 17th

- Keynote
- Breakout Session I: A B C D
- Breakout Session II: A B C D
- Breakout Session III: A B C D
- Postnote

Please duplicate this form and submit a separate registration form for each participant or register online.

No refunds after May 6, 2016. Please visit our website at www.agingwithdd.org for more information.

Amount Enclosed $________________________

Purchase Order # __________________________

Contact Hours Pending Approval:

- 10 CEU Hours for Illinois LNHA, LCPC, LPC, LSW, PT, OT, QIDP, RN
- 10 CEU Contact Hours for Missouri Nurses. Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
  
  Midwest MSD provider #118-II Nursing Contact Hours: pending

- 10 Social Work Clock Hours for Missouri Social Workers. Application has been submitted to the NASW-Missouri Chapter and is pending for pre-approval of Social Work clock hours

For more information regarding contact hours, please call Pamela Merkle at 314-647-8100.

Please make checks payable to AADD and send to 2385 Hampton, Suite 110, St. Louis, MO 63139

Hotel accommodations available at Embassy Suites, 866-460-7456 and refer to room block for AADD or visit www.historicstcharles.com for additional accommodations and area attractions.

Questions?
Call (314) 647-8100 or email agingwithdd@msn.com

CLICK HERE TO REGISTER ONLINE!