



26th Annual

Aging with Developmental Disabilities Conference

May 16-17, 2016

co-sponsored by

www.agingwithdd.org

St. Charles Convention Center
#1 Convention Center Plaza
St. Charles, Missouri 63303
AADD Contact Info:
www.agingwithdd.org
Phone (314) 647-8100
Contact Hours pending



SAINT LOUIS UNIVERSITY
SCHOOL OF MEDICINE

SAINT LOUIS UNIVERSITY
SCHOOL OF NURSING



26th Annual AGING

with Developmental Disabilities Conference
May 16-17, 2016



Conference Location

St. Charles Convention Center
#1 Convention Center Plaza, St. Charles, Missouri 63303

For More Information

Contact AADD at (314) 647-8100
www.agingwithdd.org

Monday, May 16

8:30 Registration/Exhibitors

9:30 KEYNOTE ADDRESS:



Dr. Kathleen Bishop

COALITION BUILDING: Bringing the Aging and Developmental Disabilities Worlds Together

KATHLEEN M. BISHOP, PhD, NATIONAL TASK GROUP ON DEMENTIA AND ID, ROCHESTER, NY

Learn the importance of working across the aging and developmental disabilities network to help make a difference in quality of life for older adults with developmental disabilities and their caregivers.

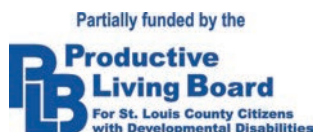
10:30 Break

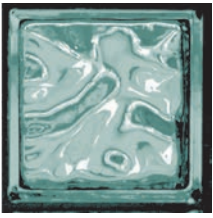
10:45 Breakout Session I

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
COMMUNICABLE DISEASES IN COMMUNAL LIVING <i>Carolyn Philpot, GNP</i> <i>St. Louis University School of Medicine, Retired</i> Learn how diseases are transmitted, and prevention and infection control practices to keep people well.	A DAY IN THE LIFE... <i>Anita Contreras, MSW,</i> <i>Warren County DD Board and</i> <i>Nancy Shrewsbury, MSN,</i> <i>SLUCare Physician's Group</i> "Where everybody knows your name..." how to assist individuals to participate in meaningful activities.	DARE TO KEEP SENIORS OFF DRUGS <i>Beth Hall, PharmD, BCPP</i> <i>Fulton State Hospital</i> Gain an increased understanding of medication-related issues more common in seniors with DD.	DOWN SYNDROME AND AGING <i>Stacey Laughlin, LMSW</i> <i>Albert Pujols Wellness Center for Adults with Down Syndrome</i> Examine the unique challenges faced by people with Down Syndrome through the aging process.

We gratefully acknowledge our sponsors:

SAINT LOUIS UNIVERSITY
SCHOOL OF NURSING





26th Annual
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Monday, May 16 (continued)

11:45 Lunch

1:00 Breakout Session II

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
DEMENTIA AND DEVELOPMENTAL DISABILITIES <i>Kathleen Bishop, PhD, National Task Group on Dementia and ID</i> (Session meets CARF requirement) Learn about the unique and changing needs of a person with dementia, and explore how to support someone experiencing cognitive, physical, and social changes while preserving their dignity and individualism.	"BEING WITH" PEOPLE EXPERIENCING GRIEF AND LOSS <i>MaryAnne Tolliver, MPA, BB and Barbara Stewart, MA, MSW</i> <i>St. Louis Arc</i> Use simple techniques of being with individuals as they age who are grieving or experiencing end of life.	SERIOUSNESS OF SEPSIS IN PATIENTS WITH DD <i>Gerald Mahon, MD</i> <i>St. Louis University School of Medicine</i> Education on risk factors, identification, treatment, and prevention of sepsis in the aging with developmental disability population.	PEELING THE COUCH POTATOES AWAY FROM THE TELEVISION! <i>Carol Crebs, BSBA</i> <i>Washington University-Retired, Parent, Nathaniel Dear, Easter Seals Midwest, & Tammy Stevens, AADD</i> Ideas for home and community engagement for people with developmental disabilities who are aging.

2:00 Break

2:15 Breakout Session III

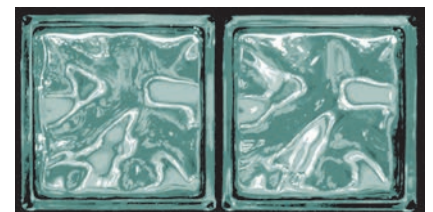
BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
EQUIPPED FOR SUCCESS: SAFE USAGE OF ADAPTIVE EQUIPMENT <i>Robyn Somraty, OTR</i> <i>The Cedars of Town & Country</i> Using the right adaptive equipment can be the difference between independence and reliance on others.	COGNITIVE STIMULATION THERAPY <i>Julia Henderson-Kalb, MS, OTR/L</i> <i>St. Louis University Geriatric Education Center</i> Learn about CST as a non-medical intervention for people who are aging with developmental disabilities.	FALL PREVENTION: GET UP AND GO <i>Helen Lach, PhD, RN, GCNS</i> <i>St. Louis University School of Nursing</i> Evaluate, prevent, and treat balance issues as people age, and identify resources for adults with DD.	TRANSITION IN INDIVIDUALS WITH AUTISM SPECTRUM DISORDER <i>Rolanda Maxim Gott, MD</i> <i>Knights of Columbus Developmental Center</i> Explore the new frontier of challenges and the impact of aging on people who have autism.

3:15 Break

3:30 Breakout Session IV

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
TOOLS FOR SUPPORTING PEOPLE IN DOCTORS APPOINTMENTS <i>Carol Crebs, BSBA</i> <i>Washington University-Retired, Parent and Nathaniel Dear, Easter Seals Midwest</i> Develop your knowledge and skills to plan, organize, and communicate the exchange of information with medical practitioners.	DEMENTIA FRIENDLY CARE <i>Janis McGillick, MSW, LNHA</i> <i>Dolan Memory Care Homes and Nancy Shrewsbury, MSN</i> <i>SLUCare Physician's Group</i> Learn strategies to make your environment dementia friendly and the challenges for people with DD.	COLLABORATIVE TREATMENT PLANNING: THE NURSES ROLE <i>Kim Stock, RN</i> <i>Department of Mental Health</i> Supporting each valued role as contributors to an overall treatment plan.	HEAD INJURY AND AGING <i>Donna Gunning, MEd, CRC, LPC</i> <i>The Center for Head Injury Services</i> Examine unique challenges faced by people with head injuries who are aging.

4:30 Conference concludes for the day





Tuesday, May 17

8:00 Registration/Exhibitors

8:30 KEYNOTE ADDRESS: ALZHEIMER'S RESEARCH

Joy Snider, MD, PhD, Washington University School of Medicine, St. Louis, Missouri

Learn about recent clinical trials and new diagnostics in Alzheimer's disease and the special challenges faced by those aging with disabilities if they or a family member have Alzheimer's disease.



Dr. Joy Snider

9:30 Break

9:45 Breakout Session I

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>HOW TO IMPLEMENT THERAPY DOGS IN YOUR COMMUNITIES debra bellm, MSW, LCSW, Regina Abel, PhD, and Liz Aurbach, BA CHAMP Assistance Dogs</p> <p>Identify the benefits of implementing pet therapy in your community to increase quality of life.</p>	<p>CO-OCCURRING DISORDERS Cynthia Mueller, PhD, Consultant, and JJ Gossrau, MSW, LCSW Missouri Department of Mental Health</p> <p>Learn about the wide variety of challenges people with co-occurring disorders encounter as they age.</p>	<p>THE AGING PERSON WITH AUTISM: A HOLISTIC APPROACH Cathy Koetting, DNP, APRN, FNP-C, CPNP St. Louis University School of Nursing</p> <p>Learn challenges and issues facing people with autism as they age to be better equipped to provide supports.</p>	<p>ALIVE INSIDE: MUSIC THAT CONNECTS (2 HOURS) Teresa Stamey, MT-BC Midwest Music Therapy Services</p> <p>Presenting the film receiving international attention on the benefits on the music and memories program.</p>

10:45 Break

11:00 Breakout Session II

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>PEELING THE COUCH POTATOES AWAY FROM THE TELEVISION! Carol Crebs, BSBA Washington University-Retired, Parent and Tammy Stevens, AADD</p> <p>Ideas for home and community engagement of people with developmental disabilities who are aging.</p>	<p>HOME MODIFICATION: ADAPTING THE ENVIRONMENT Yvonne Almore, BS, AA, MA Almore Resources</p> <p>Learn how to make the environment functional and increase safety for people aging with developmental disabilities.</p>	<p>DRUGS AND BEHAVIOR MANAGEMENT: THE BEERS CRITERIA Peggy Szwabo, PhD, ACSW, LCSW, BCD, Szwabo & Associates</p> <p>Review potentially inappropriate medication, drug-related problems, and adverse drug events in older adults.</p>	<p>ALIVE INSIDE: MUSIC THAT CONNECTS (PART 2) Teresa Stamey, MT-BC Midwest Music Therapy Services</p> <p>This session is a continuation of Breakout Session I. See above.</p>

12:00 Lunch and Award Presentations

1:15 Breakout Session III

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>TAI CHI FOR HEALTH Juan and Sara Kuanfung, PT/LMT BodyWork Continuum</p> <p>Learn the value of motivation and encouraging active living and exercise for lifelong health with Tai Chi Chuan instructors.</p>	<p>SPECIAL NEEDS TRUSTS Martha Brown, JD, CELA, Martha C. Brown & Associates, LLC, Lynn Carter, MSW, LCSW, Midwest Special Needs Trusts, and Barb Helm, LBSW, ARCare, Inc.</p> <p>Discuss what Special Needs Trusts are, the different kinds of trusts and trustees.</p>	<p>DELEGATION OF NURSING DUTIES Debra Funk, RN, BSN Missouri State Board of Nursing</p> <p>Defining the nurse's role in supervising unlicensed staff and the mission of the Board of Nursing in Missouri.</p>	<p>SELF-DETERMINATION: PROTECTING INDEPENDENCE Kyla Mundwiller Missouri Division of Developmental Disabilities</p> <p>Provide awareness about assisting individuals to maintain self-determination as they age in place.</p>



2:15 Break

2:30 POSTNOTE: RELIEVING CAREGIVER STRESS

JAMES "MAX" ZUBATSKY, PhD, LMFT, ST. LOUIS UNIVERSITY DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE

How does caregiving impact the caregiver? Learn why it is important to address caregiver stress and well-being.

3:30 Conference concludes

Dr. Max Zubatsky

26th Annual AADD Conference Registration Form



CLICK HERE TO REGISTER ONLINE

Name _____

Organization _____

Home or Business Address _____

Email _____

(____) _____
Telephone

(____) _____
Fax

Please indicate any special needs or accommodation requests below. Requests must be made by May 2, 2016.

Registration Fee (includes instruction, materials, and lunch)

- \$175 Conference Fee (early registration)
- \$ 35 Additional Fee if Requesting CEUs
- \$195 Conference Fee for registrations received after May 2, 2016.
- \$165 Conference Fee per person for organizations sending 5 or more participants
- \$120 Self Advocate Fee (sessions designated for consumers run concurrently.)

Please check the sessions you will attend and circle the breakouts of your choice.

Day One: Monday, May 16th

Day Two: Tuesday, May 17th

- Keynote
- Breakout Session I: A B C D
- Breakout Session II: A B C D
- Breakout Session III: A B C D
- Breakout Session IV: A B C D

- Keynote
- Breakout Session I: A B C D
- Breakout Session II: A B C D
- Breakout Session III: A B C D
- Postnote

Please duplicate this form and submit a separate registration form for each participant or register online. No refunds after May 6, 2016. Please visit our website at www.agingwithdd.org for more information.

Amount Enclosed \$ _____ Purchase Order # _____

Contact Hours Pending Approval:

- 10 CEU Hours for Illinois LNHA, LCPC, LPC, LSW, PT, OT, QIDP, RN
- 10 CEU Contact Hours for Missouri Nurses. *Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*
Midwest MSD provider #118-II Nursing Contact Hours: pending
- 10 Social Work Clock Hours for Missouri Social Workers. *Application has been submitted to the NASW-Missouri Chapter and is pending for pre-approval of Social Work clock hours.*

For more information regarding contact hours, please call Pamela Merkle at 314-647-8100.

All attendees will receive a certificate of attendance upon request.

Please make checks payable to AADD and send to 2385 Hampton, Suite 110, St. Louis, MO 63139

Hotel accommodations available at Embassy Suites, 866-460-7456 and refer to room block for AADD or visit www.historicstcharles.com for additional accommodations and area attractions.

CLICK HERE TO RESERVE YOUR
HOTEL ROOM ONLINE!

Questions?
Call (314) 647-8100 or email
agingwithdd@msn.com