The 24th Annual
Aging with
Developmental Disabilities Conference
May 19-20, 2014
www.agingwithdd.org
Holiday Inn St. Louis SW - Route 66
10709 Watson Road, St. Louis, MO 63127
AADD Contact Info: www.agingwithdd.org
Phone (314) 647-8100
Contact Hours pending
the 24th annual AGING with Developmental Disabilities Conference
May 19-20, 2014

Conference Location
Holiday Inn St. Louis SW-Route 66
10709 Watson Road, St. Louis, MO 63127 • 800-682-6338

For More Information
Contact AADD at 314.647.8100
www.agingwithdd.org

Monday, May 19

8:30 Registration/Exhibitors
9:30 Keynote Address:
THE AGING BRAIN
DAVID CARR, MD
THE REHABILITATION INSTITUTE OF ST. LOUIS, WASHINGTON UNIVERSITY
Learn how the brain changes as people age.

10:30 Break
10:45 Breakout Session I

Basic Track A
AGING 101 IN PEOPLE WITH DEVELOPMENTAL DISABILITIES
Kim Fears, AABS, MS
New Opportunities, Inc.
Learn about the normal, healthy process of aging, the changes that typically occur in our systems as we age, and what changes could be cause for concern in people aging with Developmental Disabilities.

Professional Track B
DUAL DIAGNOSIS: ID/MI
Peggy Szwabo, PhD
Swabo and Associates
People with a dual diagnosis encounter a wide variety of challenges as they age. Learn how to identify, seek treatment, and provide support for individuals with an Intellectual Disability who also have a Mental Health diagnosis.

Medical Track C
WHEN TO POP OR DROP: MEDICATION REDUCTION IN PEOPLE AGING WITH DEVELOPMENTAL DISABILITIES
Joseph H. Flaherty, MD
St. Louis University School of Medicine
Medication needs vary and change as individuals age. How many prescriptions are too many?

11:45 Lunch or Lunch Product Theater: Identifying and Treating Symptomatic Generalized Epilepsy
AMIT VERMA, MD, DIRECTOR, EPILEPSY PROGRAM, METHODIST NEUROLOGICAL INSTITUTE, HOUSTON, TEXAS

1:00 Breakout Session II

Basic Track A
CORE TRAINING: SETTING CARE-GIVERS UP FOR SUCCESS
Mary L. Miller
Christian Home Care Services, Inc.
Learn the basics of providing exceptional care in this interactive session. What do you need to know to be successful in providing person-centered care?

Professional Track B
THE MANY ASPECTS OF PEOPLE AGING WITH DEVELOPMENTAL DISABILITIES IN THE CRIMINAL JUSTICE SYSTEM
Maria Maldonado
State of Illinois
Learn about the makeup of prison populations and what is happening when people with DD are being discharged to the community in the State of Illinois.

Medical Track C
FEAR OF FALLING AND FALL RISK REDUCTION
Helen Lach, PhD, RN, GCNS-BC, St. Louis University School of Nursing
Hedva Levy, PharmD, BCPS, CGP
HbL Pharma Consulting
As we age, the risk of falling becomes greater. What can providers do to decrease fear and risk, and to address issues post-fall?

Panelists:

- Dr. David Carr
- Joseph H. Flaherty, MD
- Amit Verma, MD
- Mary L. Miller
- Maria Maldonado
- Helen Lach, PhD, RN, GCNS-BC
- Hedva Levy, PharmD, BCPS, CGP
### Breakout Session III

<table>
<thead>
<tr>
<th>Basic Track A</th>
<th>Professional Track B</th>
<th>Medical Track C</th>
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<tbody>
<tr>
<td>FINAL GAME PLAN: PROACTIVE PLANNING FOR AGING IN PLACE</td>
<td>COMMON LEGAL ISSUES IN AGING WITH DD</td>
<td>WHEN YOUR ALARM BELLS RING</td>
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<tr>
<td>Connie McKelvey, MA</td>
<td>M. Brigid Fernandez, JD, LCSW</td>
<td>Maria Miskovic, LCSW</td>
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<td>Association on Aging with Developmental Disabilities</td>
<td>Martha C. Brown &amp; Associates, LLC</td>
<td>Care Choice Care Management, LLC</td>
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<tr>
<td><strong>Explore this pilot program that is designed to help people with DD put preventative “shields” in place for avoidance of hospitalization and long term care.</strong></td>
<td><strong>Understand the more common legal issues that impact people with DD as they age. This session will look at the ramifications of special needs trusts, advance directives, and power of attorney.</strong></td>
<td><strong>What is happening with this person? We are taught to rule out medical causes first, but why is this person exhibiting this change?</strong></td>
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### Breakout Session IV

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<tr>
<th>Basic Track A</th>
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<tbody>
<tr>
<td>HAPPY FEET FOR PEOPLE AGING WITH DD</td>
<td>SUPPORTING END OF LIFE CHOICES FOR PEOPLE WITH DD</td>
<td>EATING SHOULD NOT BE LIFE</td>
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<tr>
<td>Carolyn Philpot, GNP</td>
<td>Jane Loitman, MD</td>
<td>THREATENING: ORAL CARE, DIET, AND SAFE SWALLOWING</td>
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<td>St. Louis University School of Medicine</td>
<td>Alternative Palliative Care</td>
<td>Sharon Johnson, PhD, CCC-SLP</td>
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<td><strong>Good foot care is important to overall health. Learn the basics of foot care, how certain medical conditions can affect the feet, and how to support individuals in having happy feet throughout their lifetime.</strong></td>
<td><strong>Do people with a developmental disability have choices about their end-of-life decisions and plans? This session examines what that support could and should look like.</strong></td>
<td><strong>As people age, the ability to chew and swallow may be impacted. Learn the importance of good oral care, explore a variety of diet modifications, and learn swallowing techniques to maximize ability to enjoy eating in a safe manner.</strong></td>
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4:30 Conference concludes for the day

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*Please be sure to indicate on the registration form that you wish to attend Monday’s Lunch Product Theater which is graciously provided by*  

![Lundbeck](image-url)
Tuesday, May 20

8:00  Registration/Exhibitors
8:30  KEYNOTE ADDRESS: Home Healthcare: New Paradigm for the 21st Century
      Michael Huncharek, MD, MPH, Home Medical Associates
      What about bringing resources to patients who are aging with Developmental Disabilities? Discover social, physical, and economic barriers to care through the eyes of a primary care physician.

9:30  Break
9:45  Breakout Session I

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<tr>
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<tr>
<td>OUT AND ABOUT: WHAT TO DO WITH THIS PERSON</td>
<td>PREPARING TO RETURN HOME: RESOURCE COORDINATION IN HOSPITAL DISCHARGE</td>
<td>“DAMN NEAR DIED:” HEALTH RISK RECOGNITION BEFORE IT’S TOO LATE</td>
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<tr>
<td>Sue Fleming</td>
<td>Michele Dain, RN, MSW, St. Anthony’s Medical Center</td>
<td>Carolyn Philpot, GNP, St. Louis University School of Medicine</td>
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<td>The Recreation Council of Greater St. Louis</td>
<td>Recovery and return to health continues after hospital discharge. What services and supports need to be in place for continued care to maximize recovery and prevent re-hospitalization?</td>
<td>I checked on them. They were fine. I checked again, and we are going to the ER. What happened? Life threatening situations can develop suddenly. Learn what to look for to avoid “near misses.”</td>
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10:45 Break
11:00 Breakout Session II

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<tr>
<td>OBSERVATION SKILLS CAN SAVE A LIFE</td>
<td>DOWN SYNDROME AND AGING</td>
<td>RESPIRATORY ISSUES IN PEOPLE AGING WITH DD</td>
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<tr>
<td>Janet Whitworth, DNP, RN, FNP-BC, Goldfarb School of Nursing, Barnes Jewish College</td>
<td>Cynthia Poelker, MD, and Stacey Laughlin, LMSW, Albert Pujols Wellness Center for Adults with Down Syndrome</td>
<td>TBD</td>
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<tr>
<td>Recognizing when someone needs medical care is critical to maintaining health as we age. Learn to use your senses to identify changes that may require medical attention for those in your care.</td>
<td>Explore the physical and mental changes in people with Down Syndrome through the aging process</td>
<td>Explore prevention, detection, and the treatment of respiratory issues in people with developmental disabilities who are aging.</td>
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12:00 Lunch and Award Presentations
1:15  Breakout Session III

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<tr>
<td>12 DONUT HOLES DOES NOT EQUAL ONE SERVING: NUTRITION 101</td>
<td>SERVING DIFFERENT CULTURES</td>
<td>DANCE BASED THERAPY: I COULD HAVE DANCED ALL NIGHT</td>
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<tr>
<td>Deanne Marselle, RD, Insight Dieticians</td>
<td>Dulce M. Cruz Oliver, MD, St. Louis University School of Medicine</td>
<td>Jean Krampe, PhD, RN, CPHQ, Alexian Brothers PACE</td>
</tr>
<tr>
<td>People with DD experience poor nutrition, obesity, and other serious health problems at higher rates than those in the general population. Learn how to help.</td>
<td>In providing care, we may be introduced to people from different cultural backgrounds. Learn common cultural differences and how to respect people of different cultures when providing care.</td>
<td>What is dance-based therapy? How is it done? Where is it used? Who may benefit? Explore the use of movement and dance for emotional, cognitive, social, behavioral, and physical conditions.</td>
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2:15  Break
2:30  POSTNOTE: I REMEMBER THAT... COGNITIVE STIMULATION THERAPY
      John E. Morley, MB, BCH, Professor of Gerontology, Department of Internal Medicine, Saint Louis University Medical Center
      Thoughts, feelings, and behaviors are all connected. Understand this therapeutic approach designed to actively stimulate and engage people.

3:30  Conference concludes

The conference planning committee has selected speakers who are experts in their field. Speakers are solely responsible for the content of their presentation.
24th Annual AADD Conference Registration Form

Name  
_______________________________________________________________________________________________________

Organization  
_______________________________________________________________________________________________________

Home or Business Address  
_______________________________________________________________________________________________________

Email  
_______________________________________________________________________________________________________

Telephone  
_______________________________________________________________________________________________________

Fax  
_______________________________________________________________________________________________________

Please indicate any special needs or accommodation requests below. Requests must be made by May 1, 2014.
___________________________________________________________________________________________________________

Registration Fee (includes instruction, materials, and lunch)

☐ $150 Conference Fee (early registration)

☐ $ 25 Additional Fee if Requesting CEUs

☐ $170 Conference Fee for registrations received after May 1, 2014

☐ $140 Conference Fee per person for organizations sending 5 or more participants

☐ $110 Self Advocate Fee (sessions designated for consumers run concurrently. See www.agingwithdd.org for schedule)

Please check the sessions you will attend and circle the breakouts of your choice.

Day One: Monday, May 19th

☐ Keynote

☐ Breakout Session I: A B C

☐ Breakout Session II: A B C

☐ Lunch Product Theater

☐ Breakout Session III: A B C

☐ Breakout Session IV: A B C

Day Two: Tuesday, May 20th

☐ Keynote

☐ Breakout Session I: A B C

☐ Breakout Session II: A B C

☐ Breakout Session III: A B C

☐ Postnote

Please duplicate this form and submit a separate registration form for each participant.

No refunds after May 8, 2014. Please visit our website at www.agingwithdd.org for more information.

Amount Enclosed $________________________  Purchase Order # _______________________________

Contact Hours Pending Approval:

• 10 CEU Hours for Illinois LNHA, LCPC, LPC, LSW, PT, OT, QIDP, RN

• 10 CEU Hours for National Certified Guardians-Center for Guardianship Certification

• 10 CEU Contact Hours for Missouri Nurses. Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Missouri Nurses Association provider #115 - III  Nursing Contact Hours: 10

• 10 Social Work Clock Hours for Missouri Social Workers Application has been submitted to the NASW-Missouri Chapter and is pending for pre-approval of Social Work clock hours

For more information regarding contact hours, please call Pamela Merkle at 314-647-8105. All attendees will receive a certificate of attendance.

Please make checks payable to AADD and send to 2385 Hampton, Suite 110, St. Louis, MO  63139

Conference rate hotel accommodations available at

Holiday Inn St. Louis SW - Route 66  
Phone: 800-682-6338  
Indicate AADD Conference when making reservations by April 30, 2014.

Questions?
Call 314.647.8100 or email agingwithdd@msn.com